Who Am I?

Menu

- Who Am I?
  - Who Am I?
- Identity
- Traits
- Strengths
- Weaknesses
- Hard and Soft Skills
- Review Your Skills
- Deaf or Hard of Hearing
- Team
- Checking In
- Values

Who Am I?

Menu

- Who Am I?
- Identity
  - Introduction to Identity
  - What's My Identity?
  - Your Identity
  - Identity Parts
- Traits
- Strengths
- Weaknesses
- Hard and Soft Skills
- Review Your Skills
- Deaf or Hard of

Introduction to Identity

No two people are the same.

In this training you will learn about your identity - who you are!

There are no right or wrong answers.

Knowing who you are is the first step to planning your future.

Let's get started!

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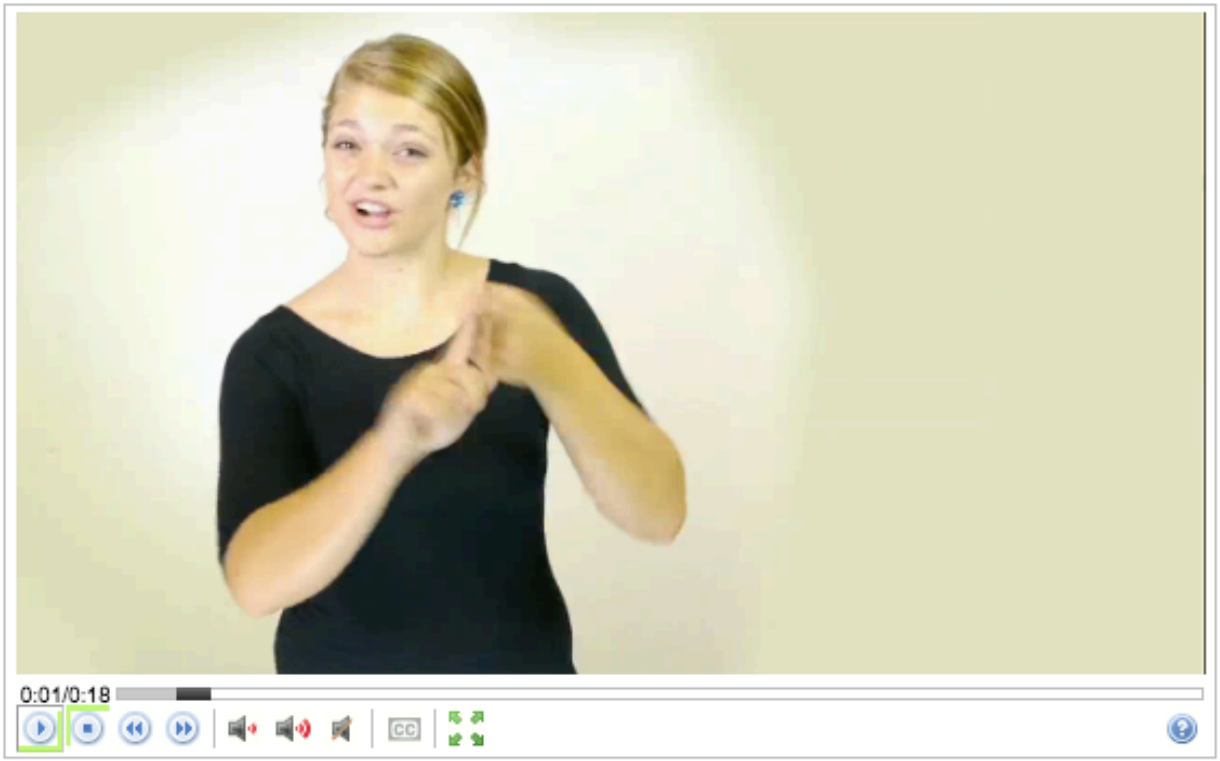
- Weaknesses
- Hard and Soft Skills
- Review Your Skills

What's My Identity?



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Menu

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  - What's My Identity?
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  - Identity Parts
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- Weaknesses
- Hard and Soft Skills
- Review Your Skills
- Deaf or Hard of

Your Identity

Your identity is made up of:

- Traits
- Strengths
- Weaknesses
- Being deaf/hard of hearing
- Your team

These things are what make you different from everyone else.

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Identity Parts

Menu

- Who Am I?
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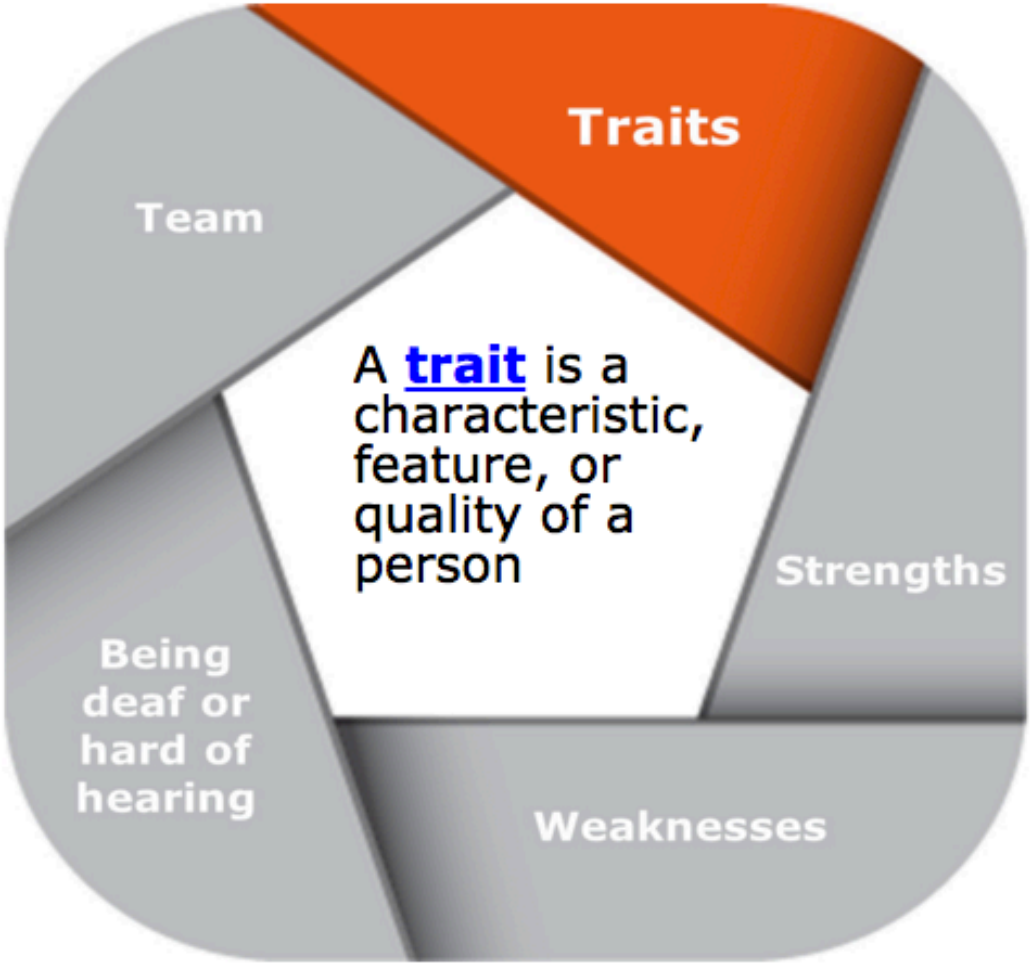
- Traits
  - Definition
  - Explanation
  - Examples
  - Your Turn
- Strengths
- Weaknesses
- Hard and Soft Skills
- Review Your Skills
- Deaf or Hard of Hearing

Definition



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Explanation

Our traits are what make us look and act differently from each other.

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Examples

TRAITS

Curly hair

Brown eyes

Shy

Creative

Stylish

Tall

Blonde hair

Athletic

Outgoing

Funny

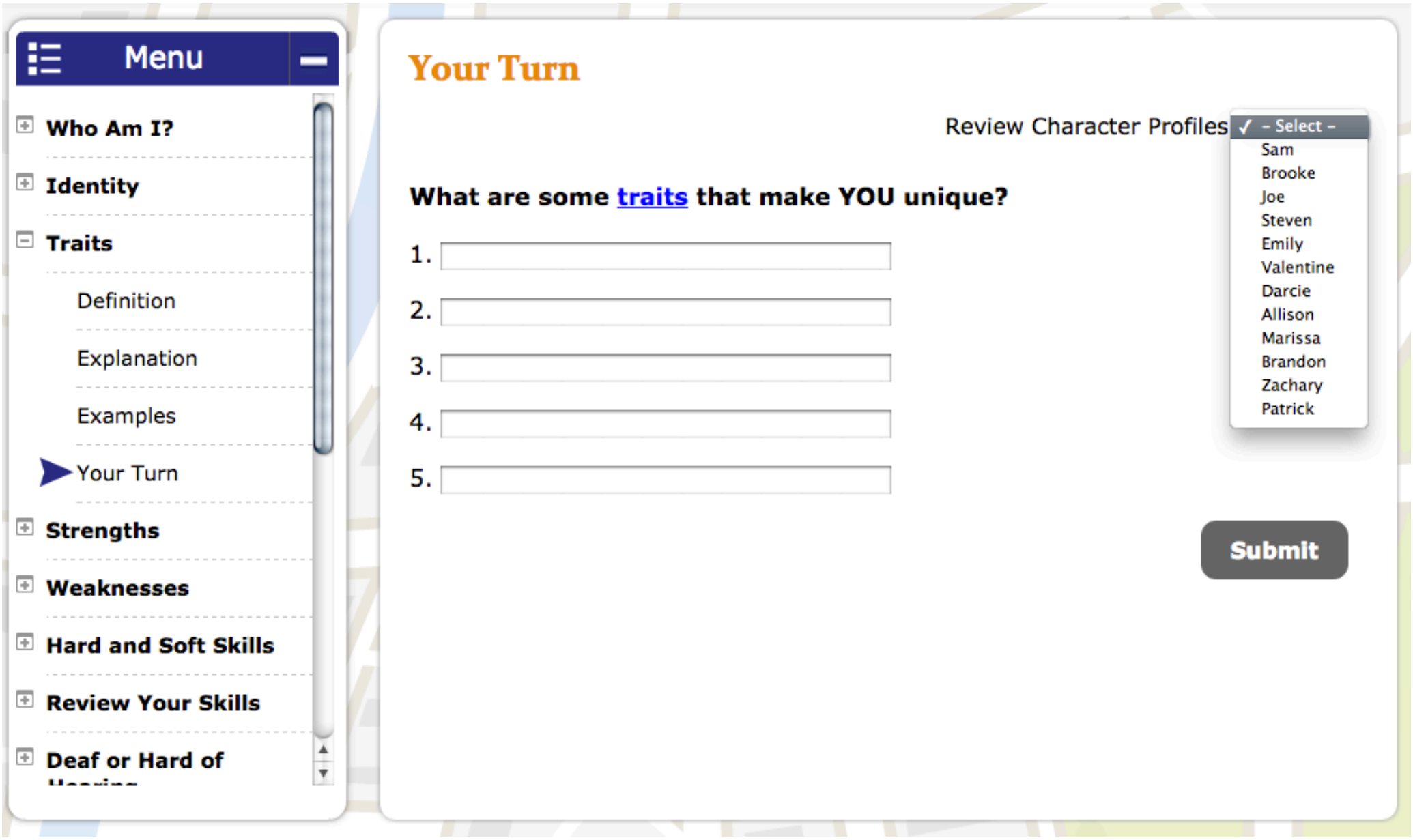
Quiet

Spiritual

Short

Long hair

Blue eyes


Menu
Who Am I?
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Strengths
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Hard and Soft Skills
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Deaf or Hard of
Your Turn
Review Character Profiles
– Select –
Sam
Brooke
Joe
Steven
Emily
Valentine
Darcie
Allison
Marissa
Brandon
Zachary
Patrick
What are some traits that make YOU unique?
1.
2.
3.
4.
5.
Submit

Menu

- Who Am I?
- Identity
- Traits
- Strengths
  - Definition
  - Explanation
  - Everyone Has Strengths
  - Examples
  - Identify Your Strengths
- Weaknesses
- Hard and Soft Skills

Definition

Menu

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Explanation

Strengths also make you unique and can be an important part of your identity.

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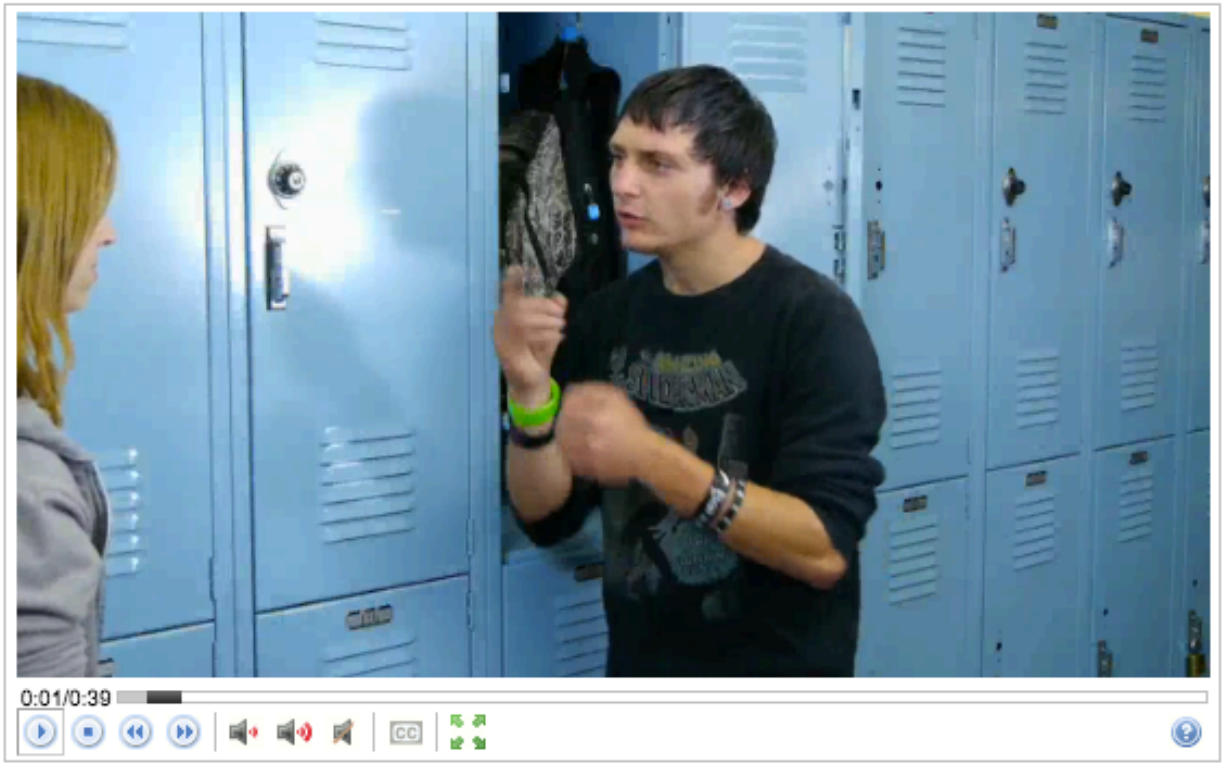
Everyone Has Strengths



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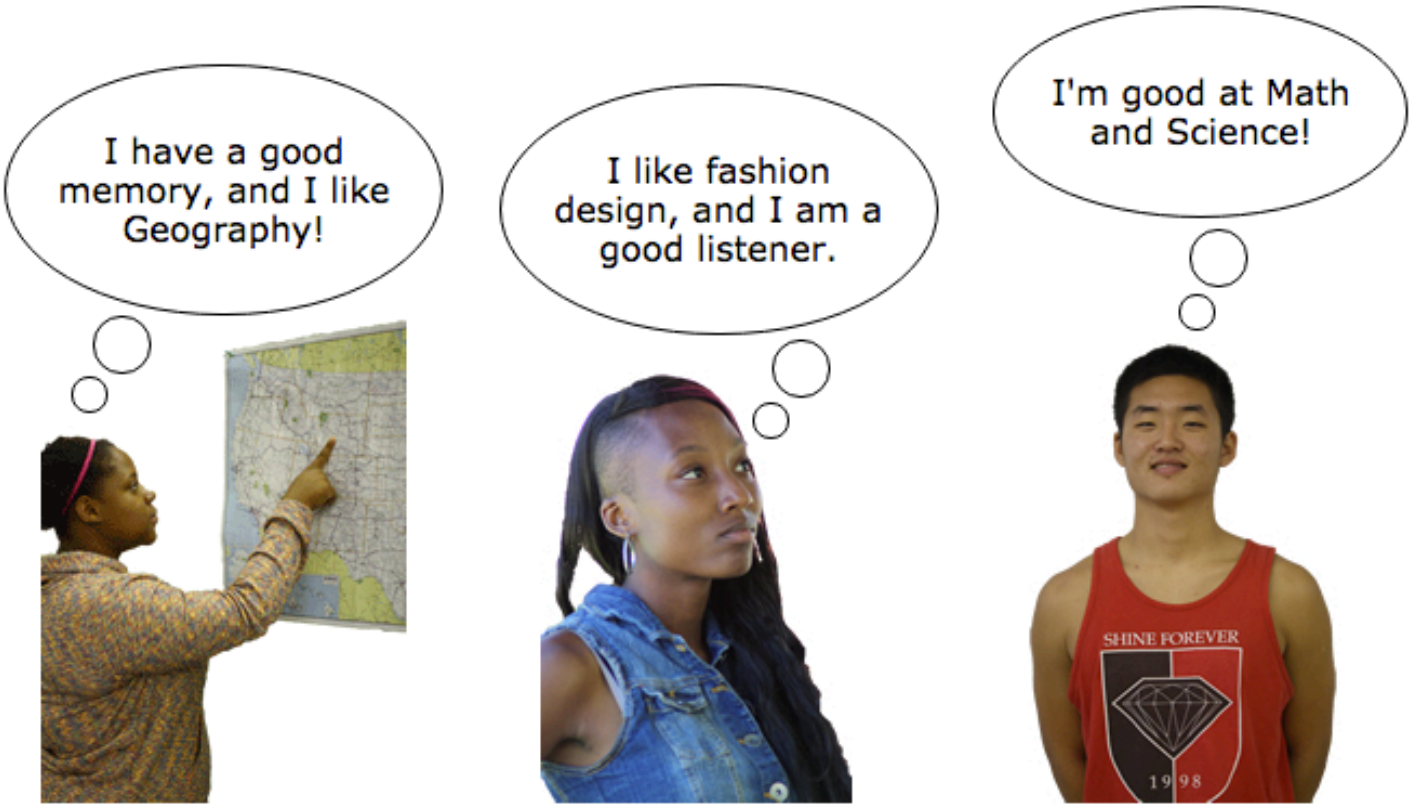
Examples

Strengths



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Identify Your Strengths

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- Weaknesses
  - Definition
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- Hard and Soft Skills
- Review Your Skills
- Deaf or Hard of Hearing
- Team

Definition

Menu

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Explanation

Everyone has different weaknesses or things they don't like. Some skills are hard to develop and may require too much work.

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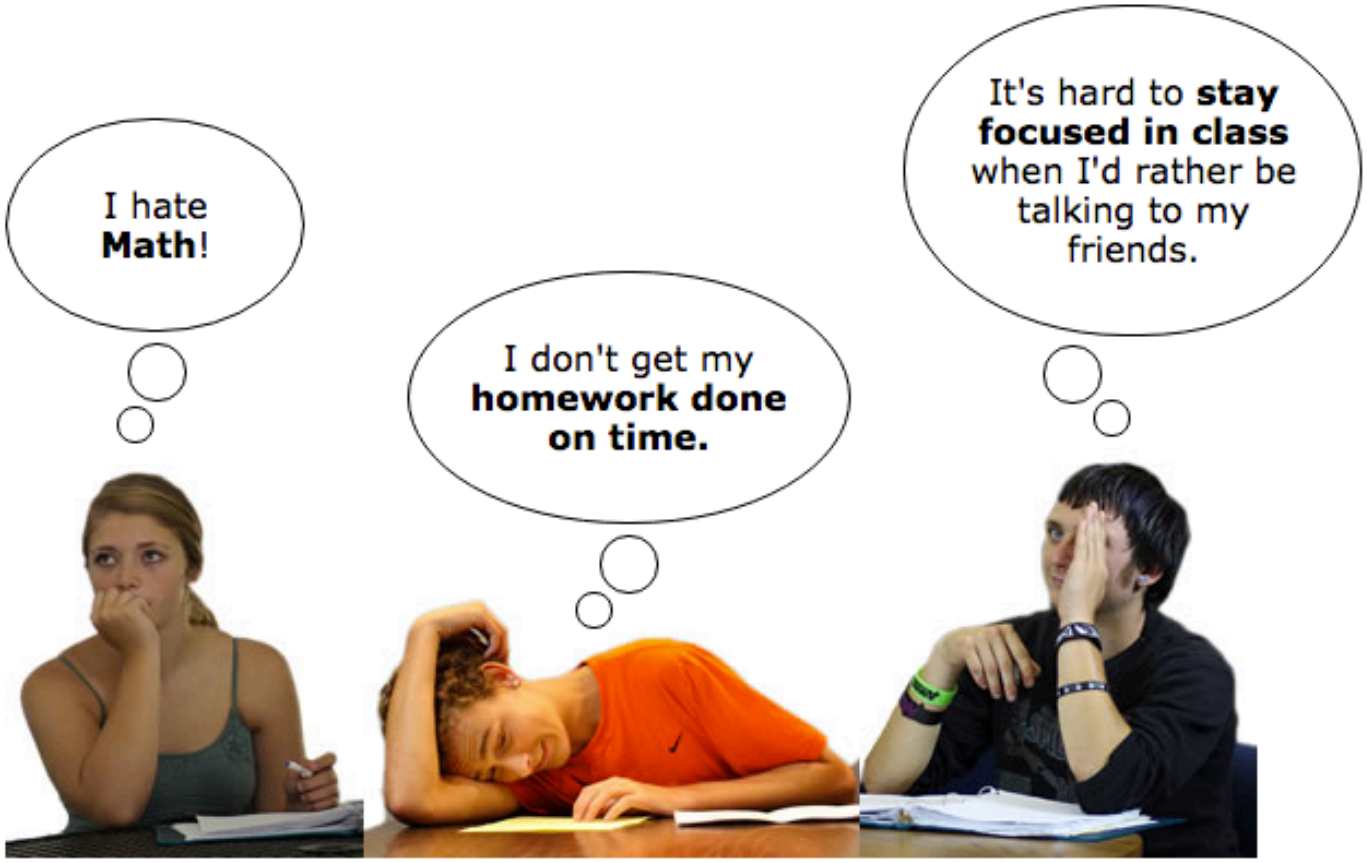
Examples



Menu

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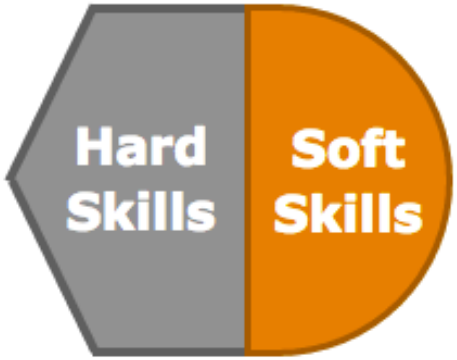
  - Hard Skills vs. Soft Skills
  - Hard Skills - Definition
  - Soft Skills - Definition
  - Rating Scale Explanation

Introduction

Strengths and weaknesses fit into two different groups called soft skills and hard skills.



Both are important for your success.

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Hard vs. Soft Skills

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Hard Skills - Definition

Hard skills are the learned skills or training that you need for jobs or careers.

Math, Science, Computers, Writing

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Soft Skills - Definition

Soft skills are **interpersonal** or people skills.

Paying attention, being on time, being responsible, being a team player

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  - Soft Skills - Definition

Rating Scale Explanation

Rating Scale Explanation Video

***After completing video please click on Next.**

Rating Scale Example

- 1 = a skill you are still developing
- 5 = a skill you do pretty well
- 10 = a skill that is really strong

Weakness 1 2 3 4 5 6 7 8 9 10 Strength

Menu

- **Hard and Soft Skills**
  - Introduction
  - Hard Skills vs. Soft Skills
  - Hard Skills - Definition
  - Soft Skills - Definition
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  - Hard Skills Introduction
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  - Soft Skills Introduction
  - Soft Skills - Your Turn

Hard Skills Introduction

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  - Soft Skills - Definition
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  - Soft Skills

Hard Skills - Your Turn

Review Character Profiles: – Select –

Hard Skills - *Reading* Explanation

Rate your *reading* hard skills

Weakness 1 2 3 4 5 6 7 8 9 10 Strength

Menu

- Hard and Soft Skills
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  - Hard Skills - Definition
  - Soft Skills - Definition
  - Rating Scale Explanation
  - Hard Skills Introduction
  - Hard Skills - Your Turn
  - Soft Skills

Hard Skills - Your Turn

Hard Skills - *Writing* Explanation

Rate your *writing* hard skills

Weakness 1 2 3 4 5 6 7 8 9 10 Strength

Menu

- Hard and Soft Skills
  - Introduction
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  - Hard Skills - Definition
  - Soft Skills - Definition
  - Rating Scale Explanation
  - Hard Skills Introduction
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  - Soft Skills

Hard Skills - Your Turn

Hard Skills - *Art* Explanation

Rate your *Art* hard skills

Weakness 1 2 3 4 5 6 7 8 9 10 Strength

Menu

- Hard and Soft Skills
  - Introduction
  - Hard Skills vs. Soft Skills
  - Hard Skills - Definition
  - Soft Skills - Definition
  - Rating Scale Explanation
  - Hard Skills Introduction
  - Hard Skills - Your Turn
  - Soft Skills

Hard Skills - Your Turn

Hard Skills - *Math* Explanation

Rate your *math* hard skills

Weakness | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | Strength

Menu

- Hard and Soft Skills
  - Introduction
  - Hard Skills vs. Soft Skills
  - Hard Skills - Definition
  - Soft Skills - Definition
  - Rating Scale Explanation
  - Hard Skills Introduction
  - Hard Skills - Your Turn
  - Soft Skills

Hard Skills - Your Turn

Hard Skills - *Science* Explanation

Rate your *science* hard skills

Weakness 1 2 3 4 5 6 7 8 9 10 Strength

Menu

- **Hard and Soft Skills**
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  - Hard Skills - Definition
  - Soft Skills - Definition
  - Rating Scale Explanation
  - Hard Skills Introduction
  - Hard Skills - Your Turn
  - Soft Skills

Hard Skills - Your Turn

Hard Skills - *History* Explanation

Rate your *history* hard skills

Weakness 1 2 3 4 5 6 7 8 9 10 Strength

Menu

- Hard and Soft Skills
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  - Hard Skills - Definition
  - Soft Skills - Definition
  - Rating Scale Explanation
  - Hard Skills Introduction
  - Hard Skills - Your Turn
  - Soft Skills

Hard Skills - Your Turn

Hard Skills - *Computers* Explanation

Rate your *computers* hard skills

Weakness 1 2 3 4 5 6 7 8 9 10 Strength

Menu

- Hard and Soft Skills
  - Introduction
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  - Hard Skills - Definition
  - Soft Skills - Definition
  - Rating Scale Explanation
  - Hard Skills Introduction
  - Hard Skills - Your Turn
  - Soft Skills

Hard Skills - Your Turn

Hard Skills - *Photography* Explanation

Rate your *photography* hard skills

Weakness 1 2 3 4 5 6 7 8 9 10 Strength

Menu

- **Hard and Soft Skills**
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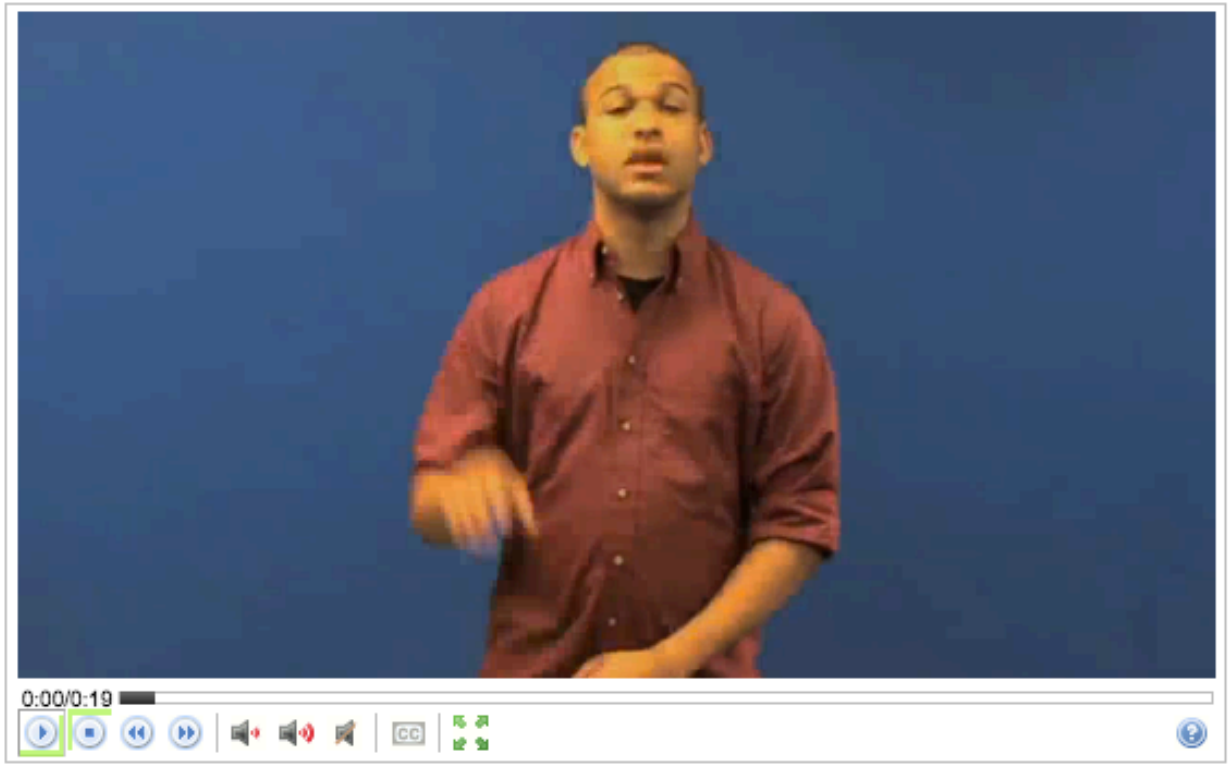
  - Soft Skills - Definition
  - Rating Scale Explanation
  - Hard Skills Introduction
  - Hard Skills - Your Turn
  - Soft Skills Introduction
  - Soft Skills - Your Turn

Soft Skills Introduction



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Menu

- Soft Skills - Your Turn
- Review Your Skills
- Deaf or Hard of Hearing
- Team
- Checking In
- Values
- Personality
- Dreams
- The Goal Tester
- Identity Maps

Soft Skills - Your Turn

Review Character Profiles: – Select –

Soft Skills - *Time Management* Explanation

Rate your *time management* soft skills

Weakness 1 2 3 4 5 6 7 8 9 10 Strength

Menu

- Soft Skills - Your Turn
- Review Your Skills
- Deaf or Hard of Hearing
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- Checking In
- Values
- Personality
- Dreams
- The Goal Tester
- Identity Maps

Soft Skills - Your Turn

Soft Skills - *Good Study Habits* Explanation

Rate your *good study habits* soft skills

Weakness 1 2 3 4 5 6 7 8 9 10 Strength

Menu

- Soft Skills - Your Turn
- Review Your Skills
- Deaf or Hard of Hearing
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- Checking In
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- Personality
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- The Goal Tester
- Identity Maps

Soft Skills - Your Turn

Soft Skills - *Concentration* Explanation

Rate your *concentration* soft skills

Weakness 1 2 3 4 5 6 7 8 9 10 Strength

Menu

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Soft Skills - Your Turn

Soft Skills - *Organizational Skills* Explanation

Rate your *organizational skills* soft skills

Weakness 1 2 3 4 5 6 7 8 9 10 Strength

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- Review

Soft Skills - Your Turn

Soft Skills - *Motivation* Explanation

Rate your *motivation* soft skills

Weakness 1 2 3 4 5 6 7 8 9 10 Strength

Menu

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- Review

Soft Skills - Your Turn

Soft Skills - *Commitment* Explanation

Rate your *commitment* soft skills

Weakness 1 2 3 4 5 6 7 8 9 10 Strength

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- Review

Soft Skills - Your Turn

Soft Skills - *Positive Attitude* Explanation

Rate your *positive attitude* soft skills

Weakness 1 2 3 4 5 6 7 8 9 10 Strength

Menu

- Soft Skills - Your Turn
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- Checking In
- Values
- Personality
- Dreams
- The Goal Tester
- Identity Maps
- Review
- Section Complete

Soft Skills - Your Turn

Soft Skills - *Communication Skills* Explanation

Rate your *communication skills* soft skills

Weakness 1 2 3 4 5 6 7 8 9 10 Strength

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- Hard and Soft Skills
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  - Review Your Rating
  - Your Rating
  - What Did You Learn?
  - Your Strengths
  - Your Weaknesses

Review Your Rating

Your Rating

How did you rate?

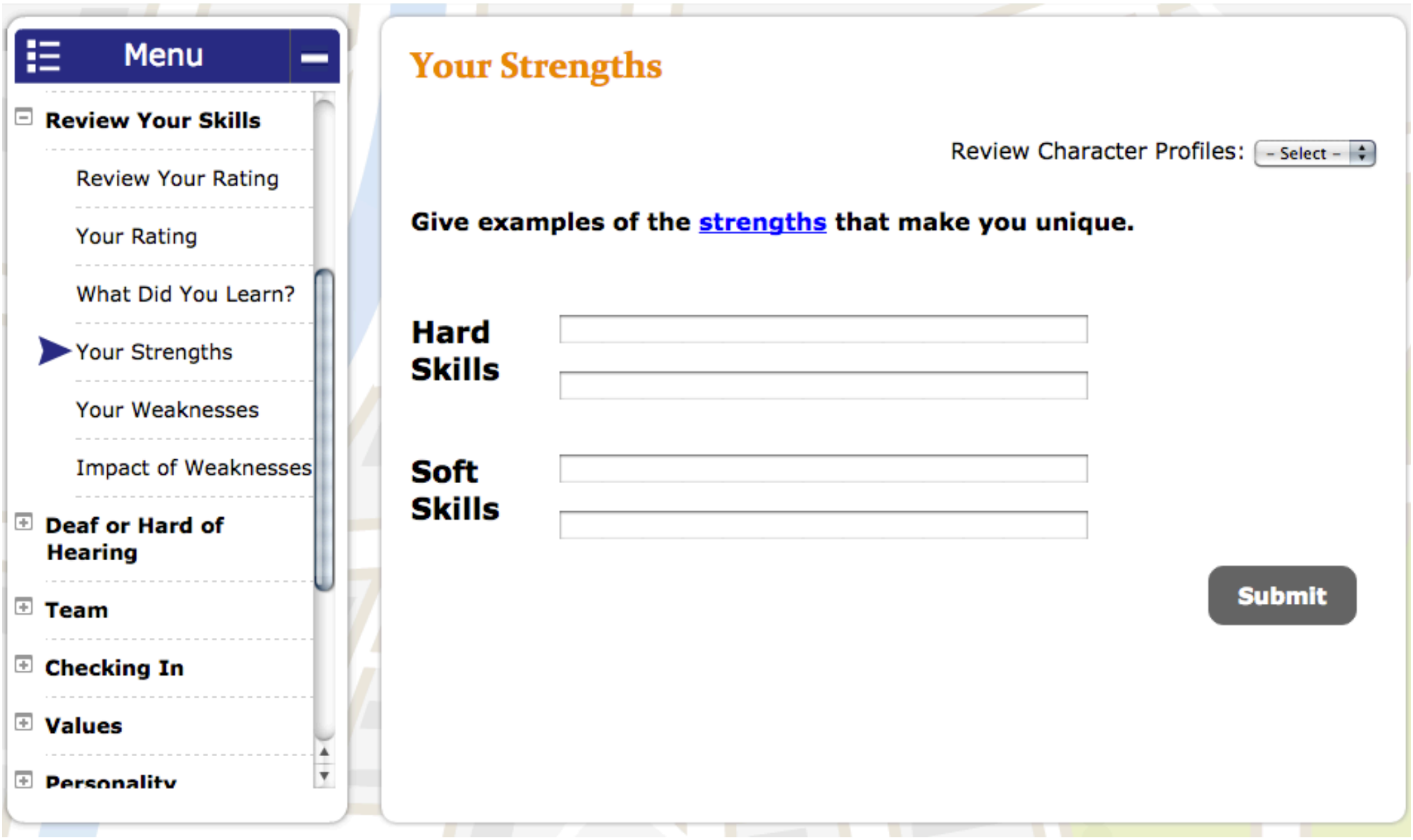
Hard Skills Rating	Soft Skills Rating
Reading - 9	Time Management - 10
Writing - 8	Good Study Habits - 9
Art - 2	Concentration - 9
Math - 9	Organizational skills - 10
Science - 7	Motivation - 9
History - 8	Commitment - 10
Computers - 8	Positive Attitude - 10
Photography - 5	Communication skills - 10

Menu

- **Review Your Skills**
  - Review Your Rating
  - Your Rating
  - What Did You Learn?
  - Your Strengths
  - Your Weaknesses
  - Impact of Weaknesses
- **Deaf or Hard of Hearing**
- **Team**
- **Checking In**
- **Values**
- **Personality**

What Did You Learn?

What are your strengths and weaknesses? They might be from the list you saw, or you might have other ones.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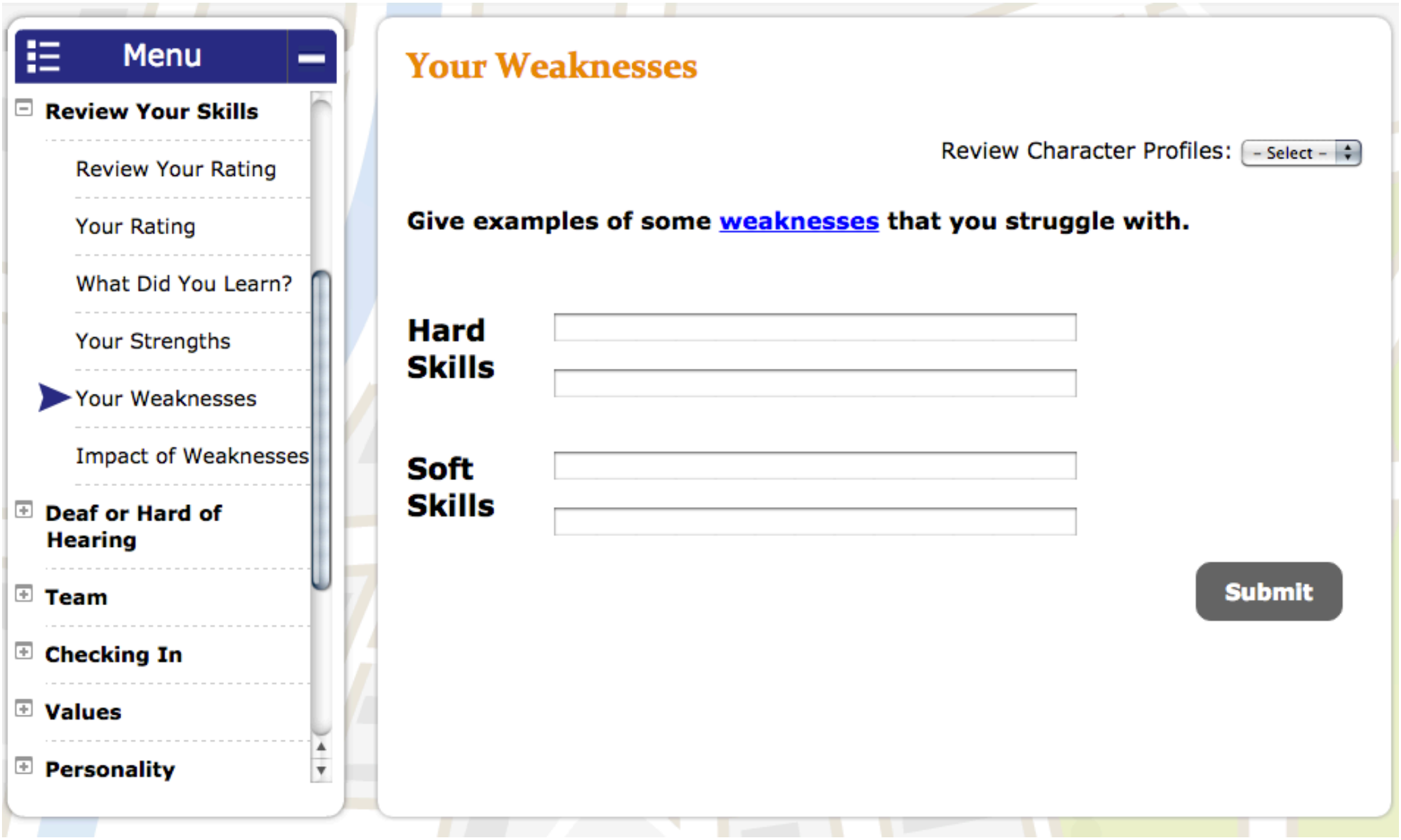
Review Your Skills
Review Your Rating
Your Rating
What Did You Learn?
Your Strengths
Your Weaknesses
Impact of Weaknesses
Deaf or Hard of Hearing
Team
Checking In
Values
Personality
Your Strengths
Review Character Profiles:
- Select -
Give examples of the strengths that make you unique.
Hard Skills
Soft Skills
Submit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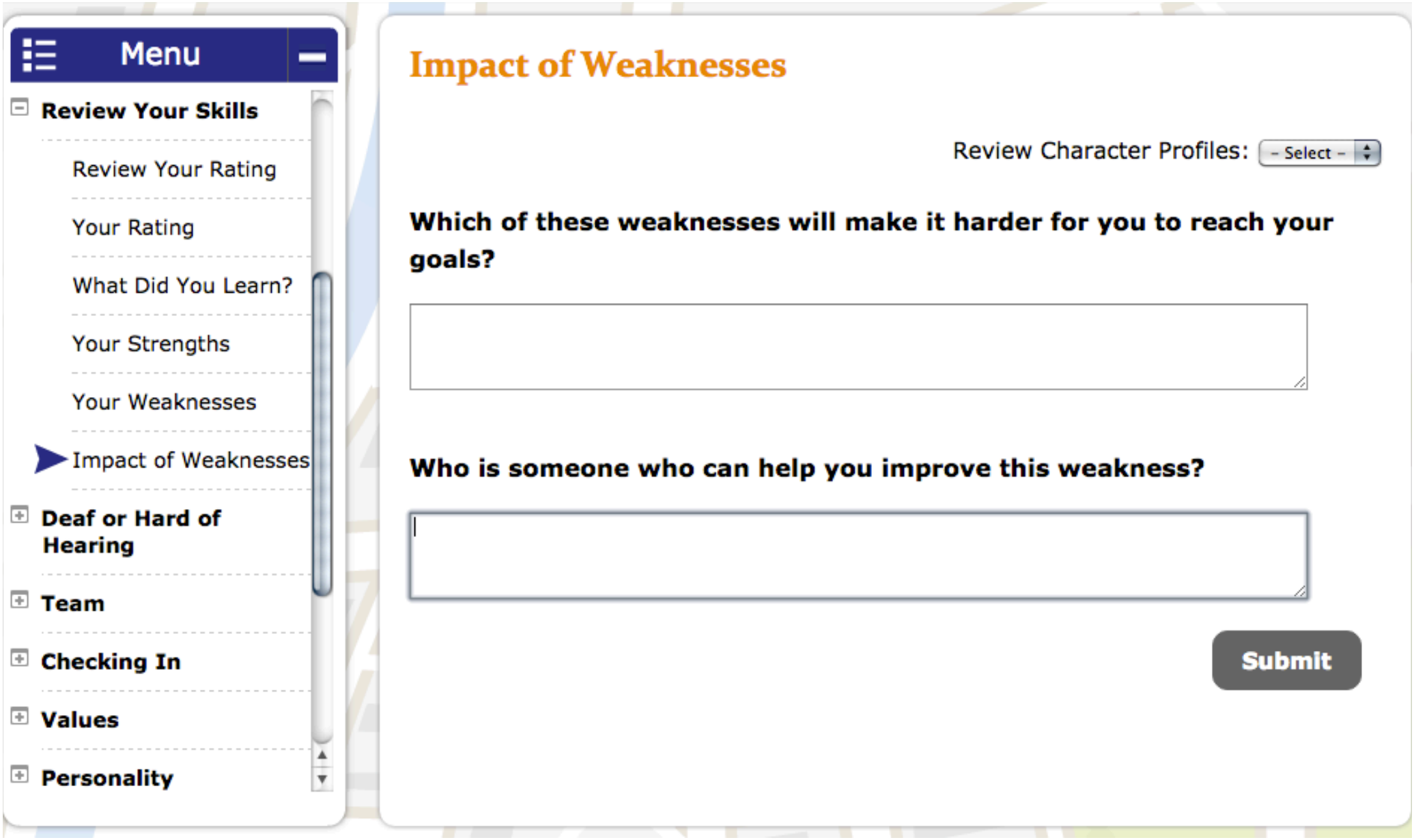
Your Rating
What Did You Learn?
Your Strengths
Your Weaknesses
Impact of Weaknesses
Deaf or Hard of Hearing
Team
Checking In
Values
Personality
Your Weaknesses
Review Character Profiles:
- Select -
Give examples of some weaknesses that you struggle with.
Hard Skills
Soft Skills
Submit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Your Rating
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Your Weaknesses
Impact of Weaknesses
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Impact of Weaknesses
Review Character Profiles:
- Select -
Which of these weaknesses will make it harder for you to reach your goals?
Who is someone who can help you improve this weakness?
Submit

Menu

- **Deaf or Hard of Hearing**
  - Definition
  - Student Examples -1
  - Student Examples -2
  - Student Examples -3
  - Student Examples -4
  - Understanding Your Needs
  - Your Communication and Accommodations
  - How Do You Communicate?
- **Team**

Definition

Menu

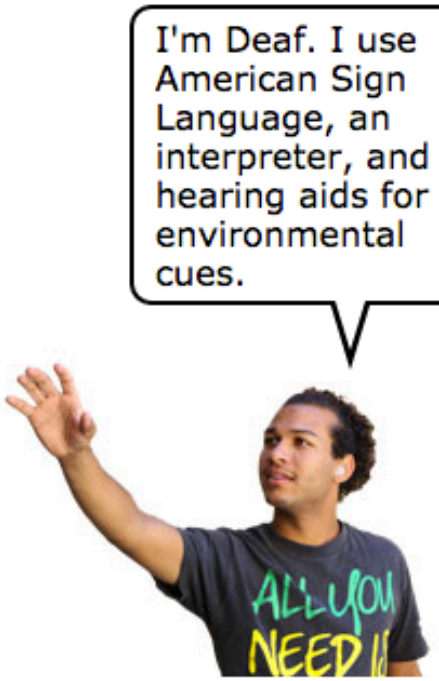
Deaf or Hard of Hearing

- Definition
- Student Examples -1
- Student Examples -2
- Student Examples -3
- Student Examples -4
- Understanding Your Needs
- Your Communication and Accommodations
- How Do You Communicate?

Team

Student Examples

Please hover over an image to view their responses.



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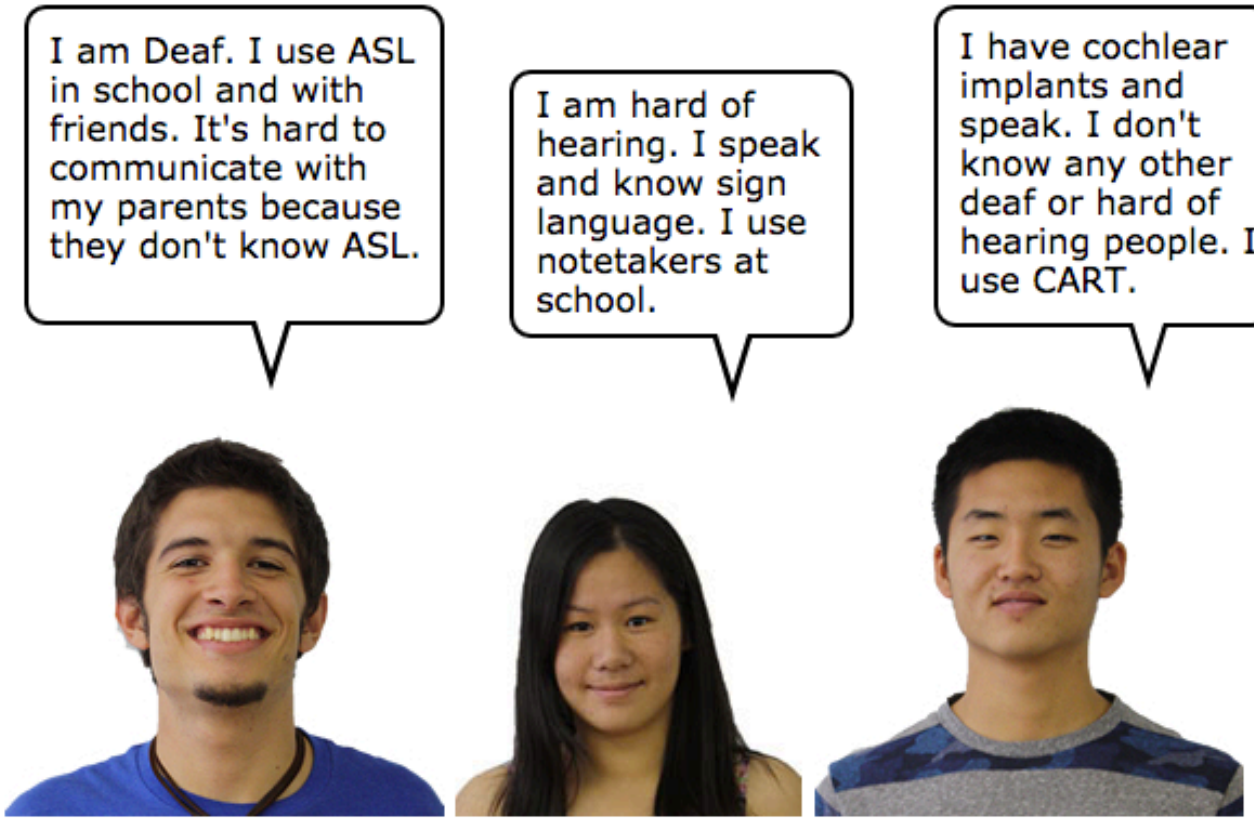

Student Examples

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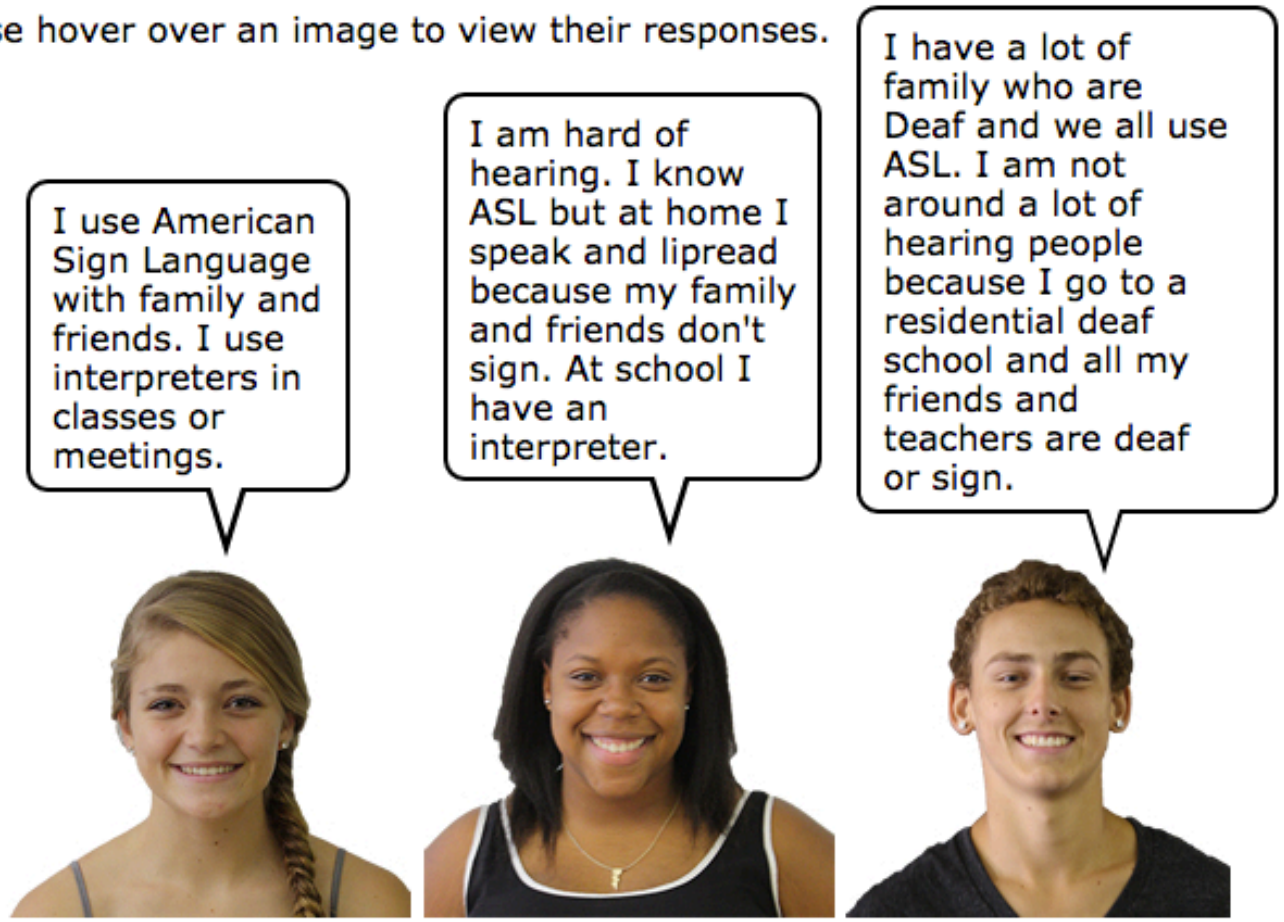

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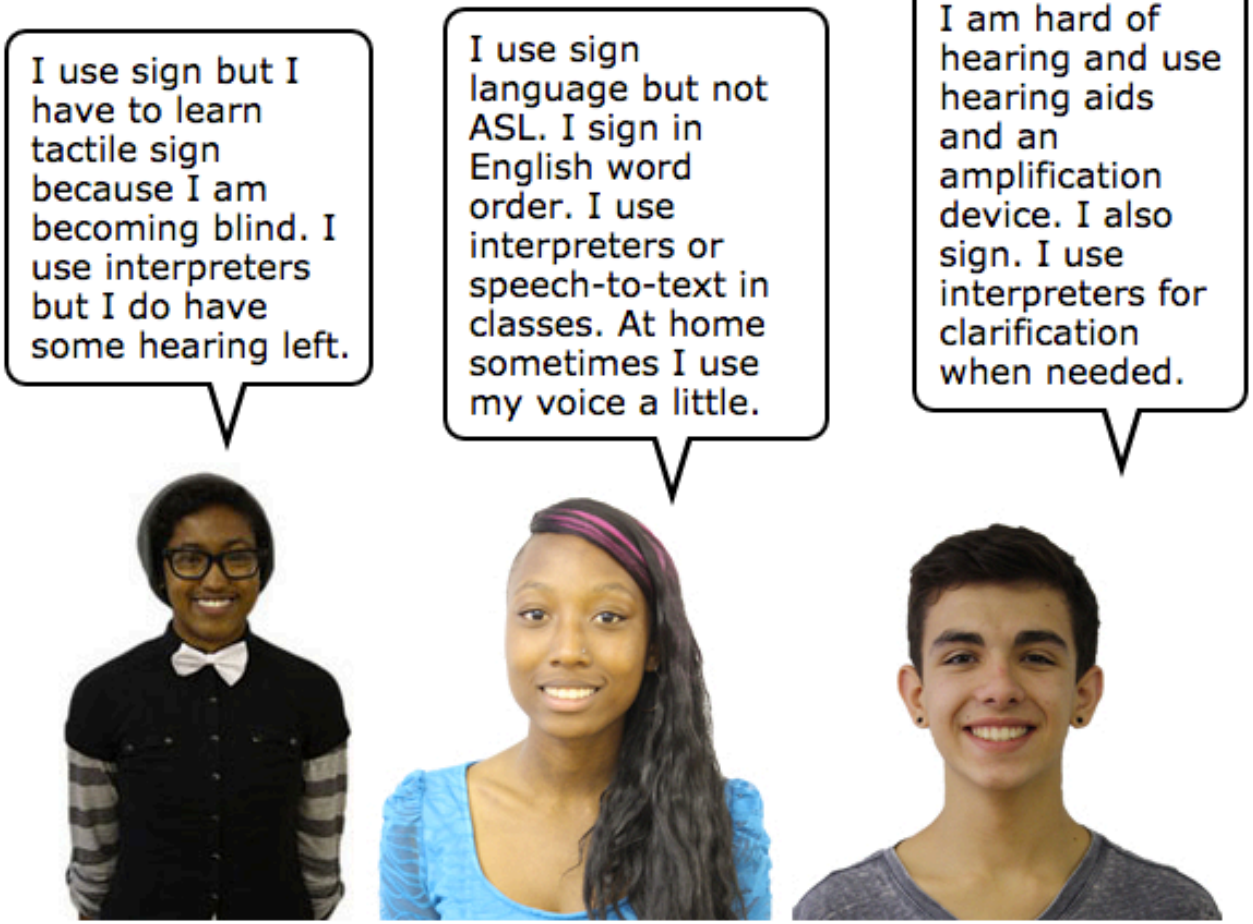

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  - Student Examples -2
  - Student Examples -3
  - Student Examples -4
  - Understanding Your Needs
  - Your Communication and Accommodations
  - How Do You Communicate?
- **Team**

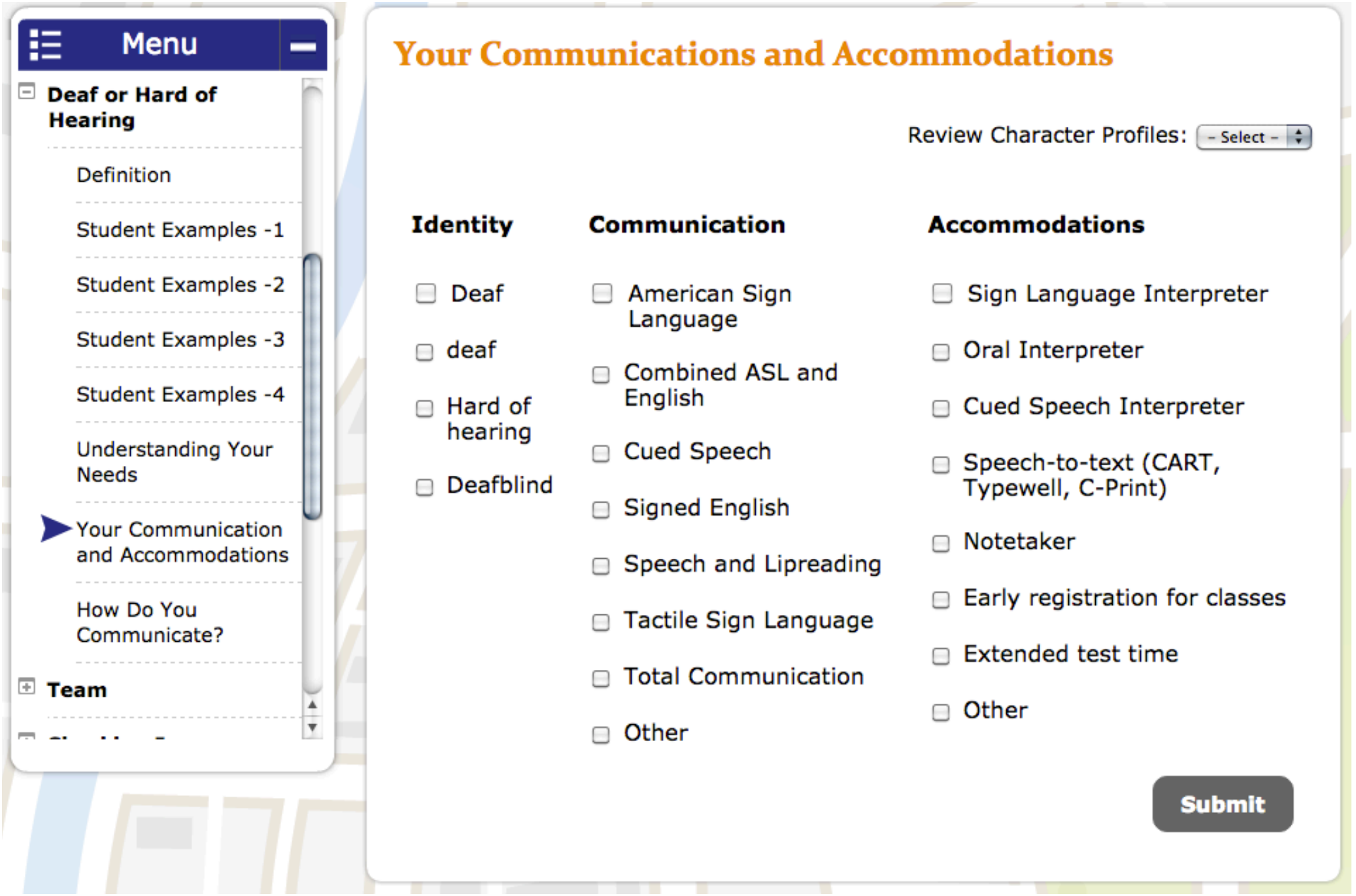
Understanding Your Needs

Being deaf or hard of hearing will impact how you access information.

It is important to understand what works for you.

In high school, accommodations are set up for you.

Once you graduate, it is your responsibility to ask for accommodations.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Student Examples -2
Student Examples -3
Student Examples -4
Understanding Your Needs
Your Communication and Accommodations
How Do You Communicate?
Team
Your Communications and Accommodations
Review Character Profiles:
- Select -
Identity
Deaf
deaf
Hard of hearing
Deafblind
Communication
American Sign Language
Combined ASL and English
Cued Speech
Signed English
Speech and Lipreading
Tactile Sign Language
Total Communication
Other
Accommodations
Sign Language Interpreter
Oral Interpreter
Cued Speech Interpreter
Speech-to-text (CART, Typewell, C-Print)
Notetaker
Early registration for classes
Extended test time
Other
Submit

Menu

- **Deaf or Hard of Hearing**
  - Definition
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  - Student Examples -2
  - Student Examples -3
  - Student Examples -4
  - Understanding Your Needs
  - Your Communication and Accommodations
  - How Do You Communicate?
- **Team**

How Do You Communicate?

Review Character Profiles: – Select –

How do you communicate and what accommodations do you use in these settings?

1. At school

2. With your family

3. With your friends

Submit

Menu

- Who Am I?
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- Strengths
- Weaknesses
- Hard and Soft Skills
- Review Your Skills
- Deaf or Hard of Hearing
- Team
  - Definition
  - Explanation
  - Examples

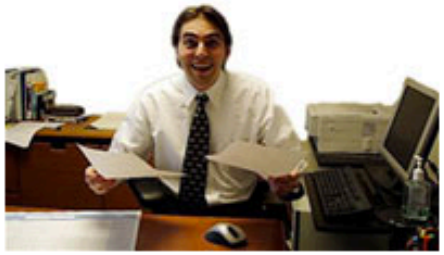
Definition

Explanation

To achieve your goals, you will need a team.

Education

Employment

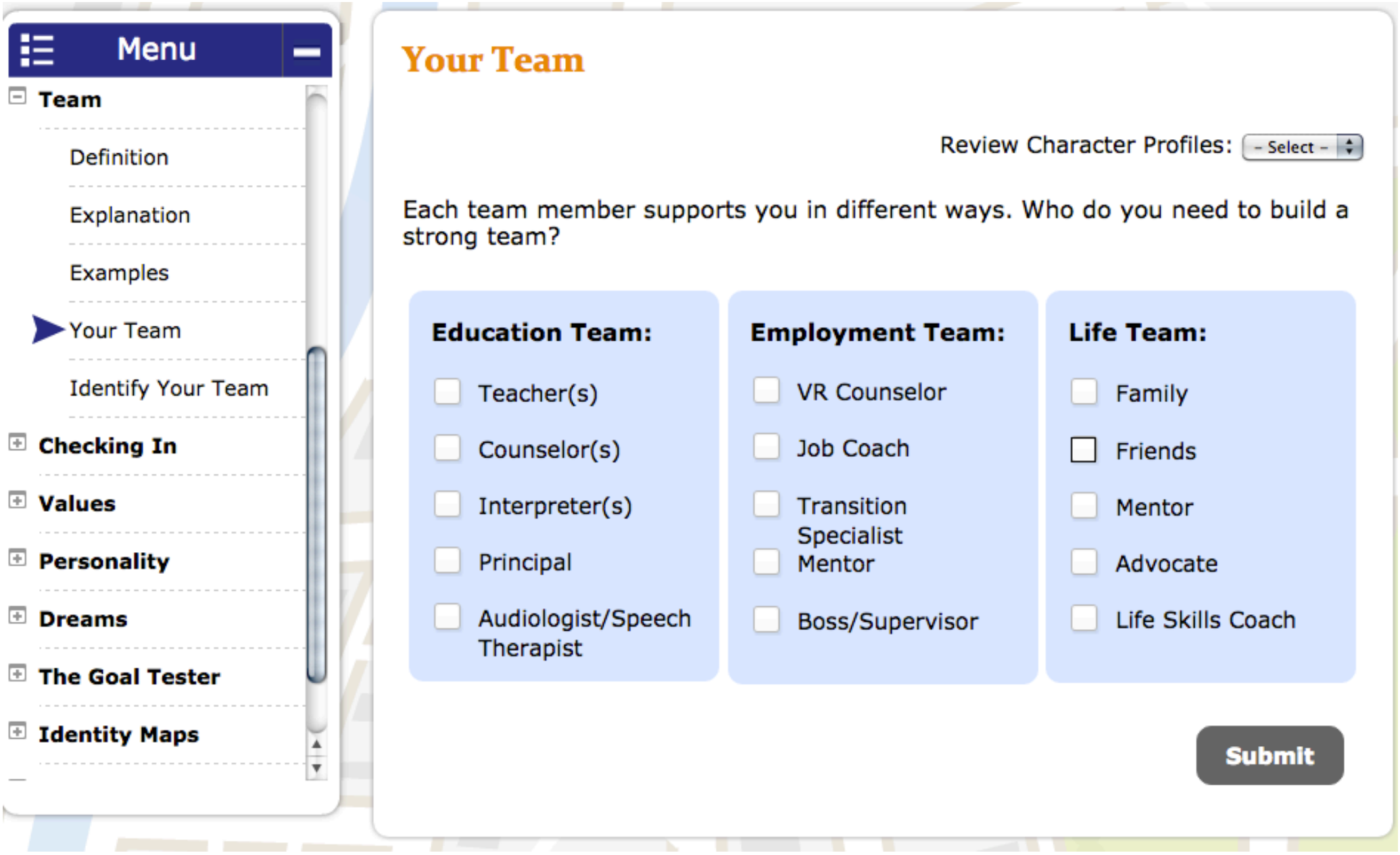


Life

Menu
Team
Definition
Explanation
Examples
Your Team
Identify Your Team
Checking In
Values
Personality
Dreams
The Goal Tester
Identity Maps

Examples

We all have different people on our teams. Check out Marissa's and Brandon's teams!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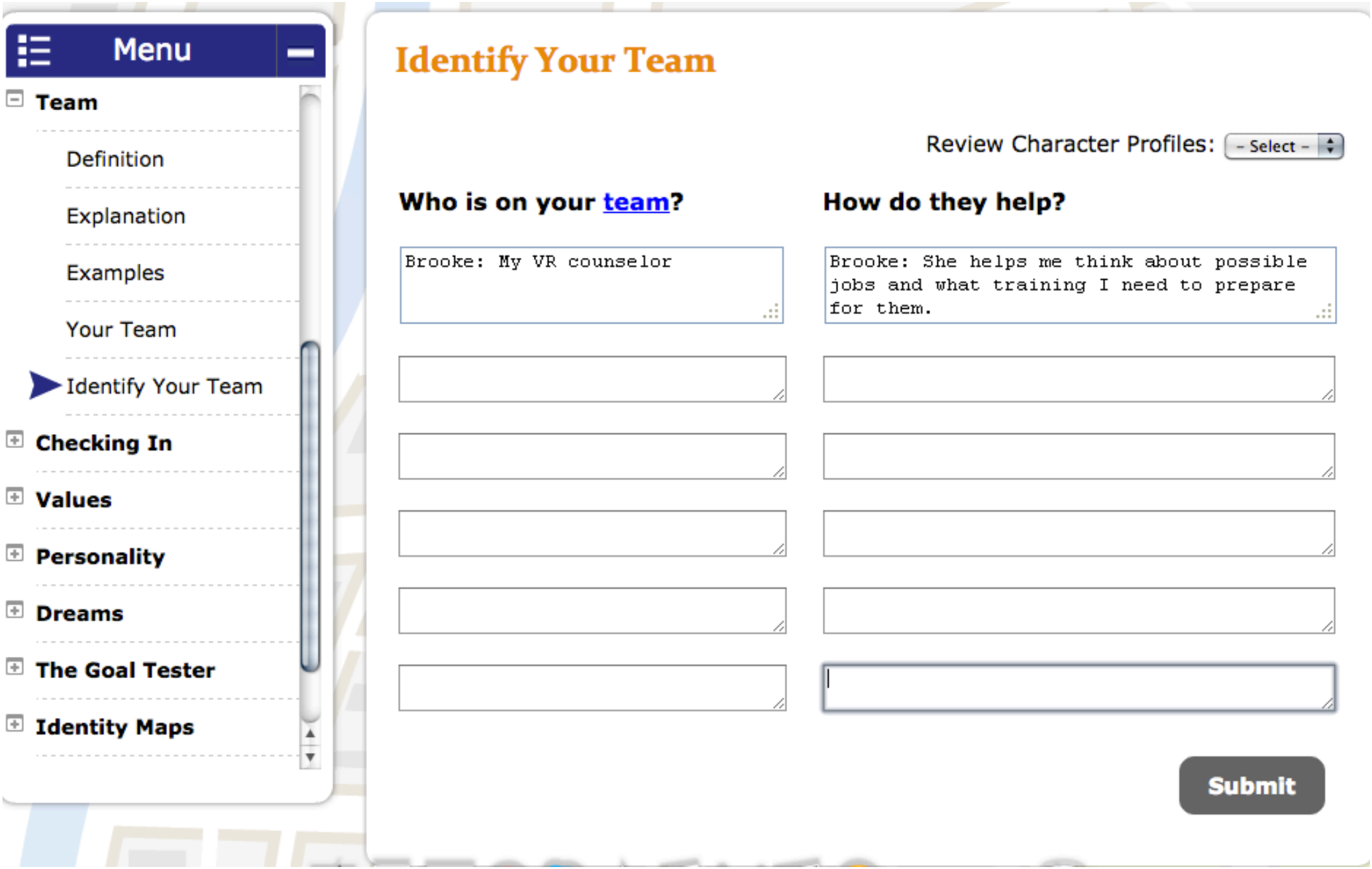
Your Team
Review Character Profiles:
- Select -
Each team member supports you in different ways. Who do you need to build a strong team?
Education Team:
Teacher(s)
Counselor(s)
Interpreter(s)
Principal
Audiologist/Speech Therapist
Employment Team:
VR Counselor
Job Coach
Transition Specialist
Mentor
Boss/Supervisor
Life Team:
Family
Friends
Mentor
Advocate
Life Skills Coach
Submit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Identify Your Team
Review Character Profiles:
- Select -
Who is on your team?
How do they help?
Brooke: My VR counselor
Brooke: She helps me think about possible jobs and what training I need to prepare for them.
Submit

Menu

- Who Am I?
- Identity
- Traits
- Strengths
- Weaknesses
- Hard and Soft Skills
- Review Your Skills
- Deaf or Hard of Hearing
- Team
- Checking In
  - Perspectives
  - At a Glance

Perspectives

***After completing video please click on Next.**

Menu

- **Checking In**
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  - At a Glance
  - Check In: Your Turn
  - Comparing Views
  - More About Identity
  - Understanding Yourself
  - Importance of Assessments
- **Values**
- **Personality**
- **Dreams**

At a Glance

Click a section below to review and print your answers. For upcoming activities, please print each of the pages from your portfolio.

*Note: Each link opens in a new browser window, the training will remain open in this browser window.

Traits

Hard & Soft Skills

Strengths

Weaknesses

Impact of Weaknesses

Your Communication & Accommodations

How Do You Communicate

Your Team

Identify Your Team

Menu

Checking In

Perspectives

At a Glance

Check In: Your Turn

Comparing Views

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Understanding Yourself

Importance of Assessments

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Check In: Your Turn

Use the printed pages from your portfolio (previous page) and share them with your team. Ask them these questions:

1. Do you agree with my view of myself?

2. Do you have a different view than I do?

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Comparing Views

Weird!!

My view of myself was not the same as my team's. But I can see their point, and I am glad we talked about it.

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More About Identity

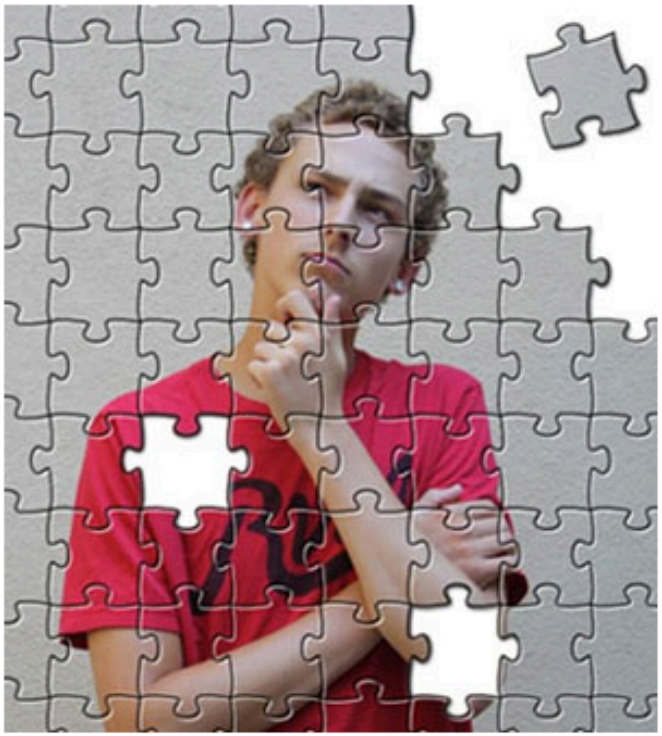
Understanding Yourself

Understanding Yourself

Understanding yourself is like putting a puzzle together.

You've already learned about some of the pieces that make you unique.

Now let's look at how your values and personality help you complete your puzzle.



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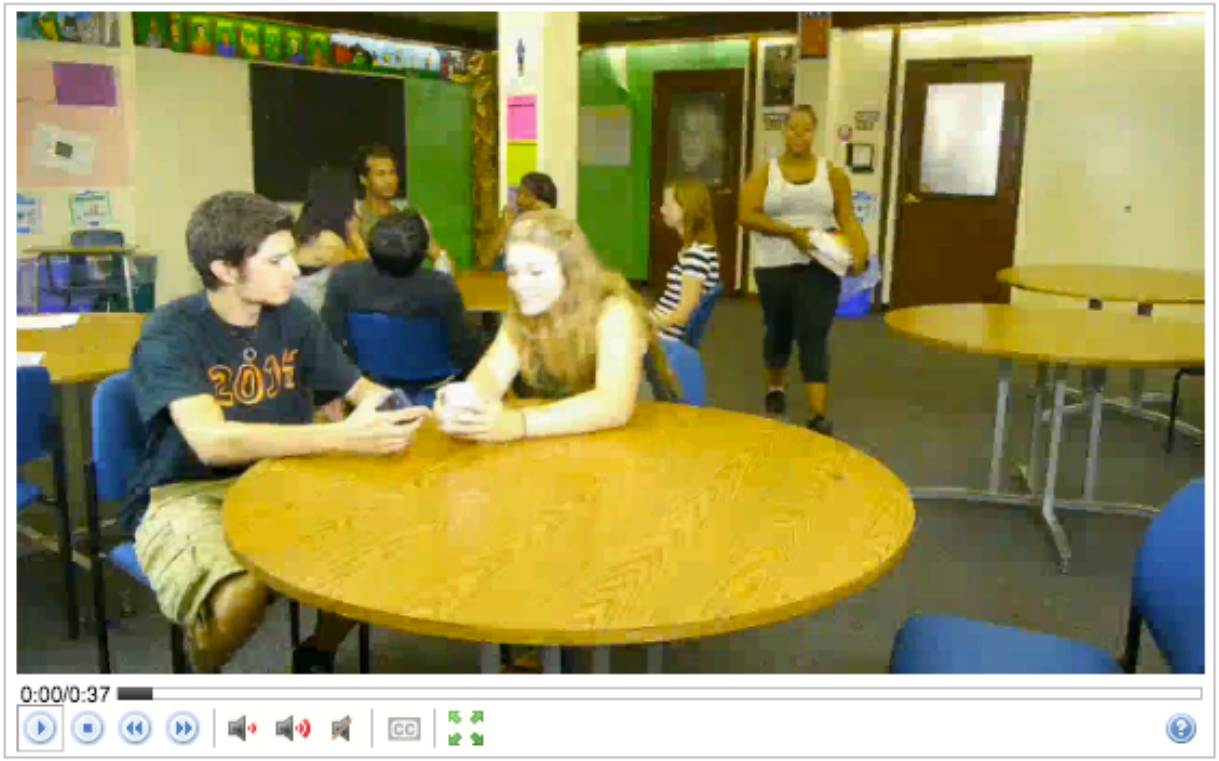
Importance of Assessments



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Strengths
Weaknesses
Hard and Soft Skills
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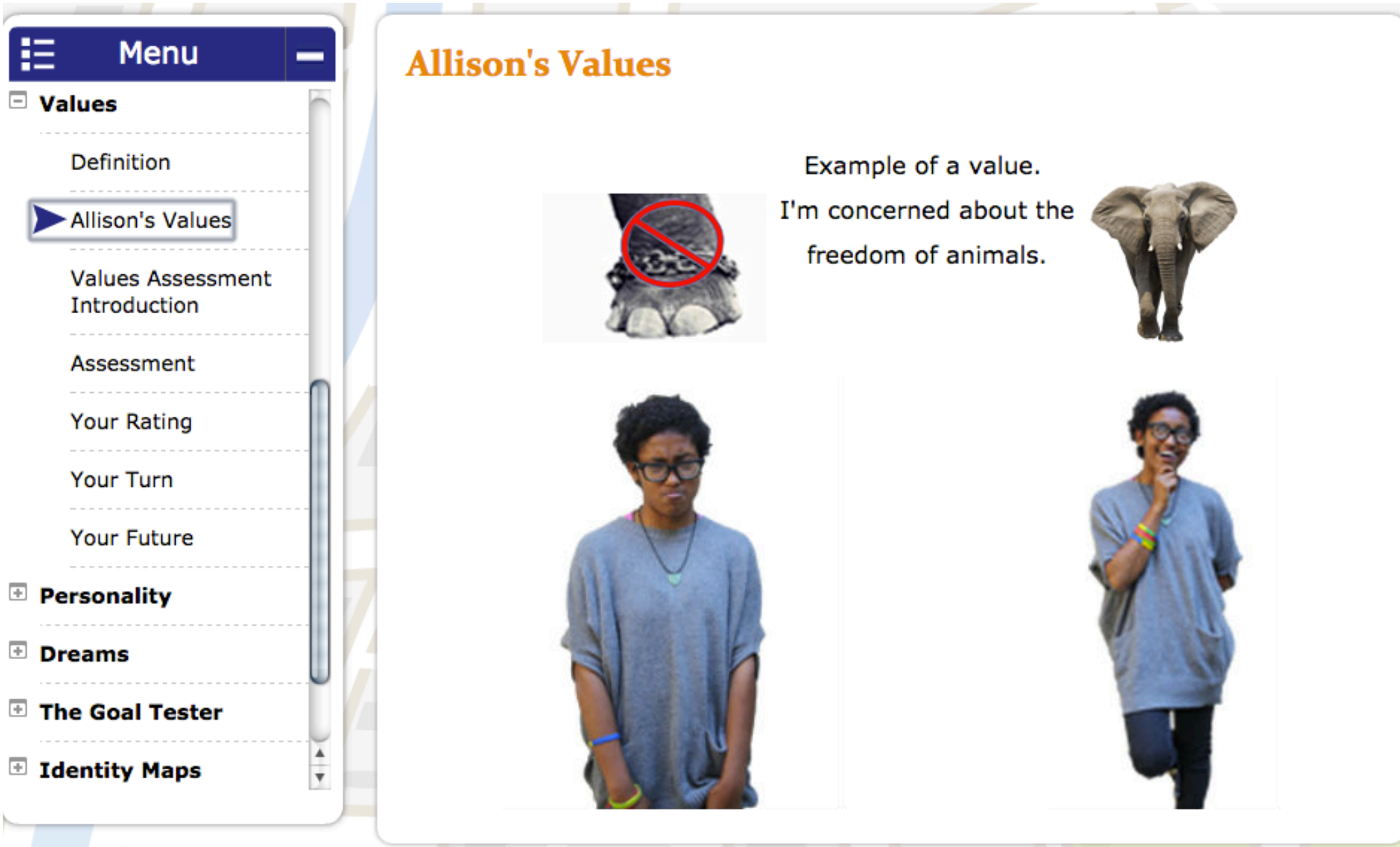
Definition

Definition

Values are your ideas and beliefs. Your values are important guides for future decisions.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Allison's Values
Example of a value.
I'm concerned about the
freedom of animals.

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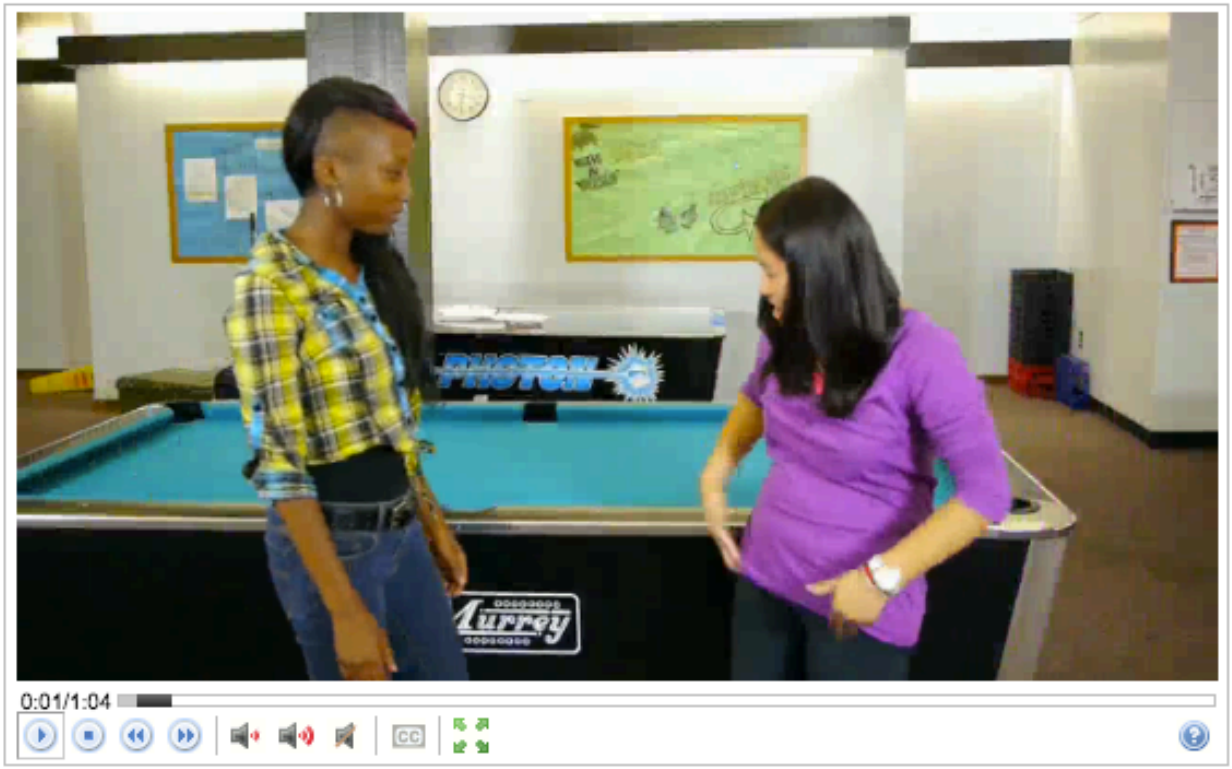
- **Identity Maps**

Values Assessment Introduction



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Values Assessment

Review Character Profiles: – Select –

1. Doing something to make the world a better place.

- Not important to me
- Somewhat important to me
- Very important to me

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Values Assessment

2. Helping other people.

- ○ Not important to me
- ○ Somewhat important to me
- ◉ Very important to me

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Values Assessment

3. Participating in activities (like football and track) that let me compete against other people!

- Not important to me
- Somewhat important to me
- Very important to me

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Values Assessment

4. Thinking of new ideas for how things can be set up and run better.

- ○ Not important to me
- ○ Somewhat important to me
- ◉ Very important to me

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Values Assessment

5. Doing things like painting, writing, acting or other kinds of art.

- ○ Not important to me
- ◉ Somewhat important to me
- ○ Very important to me

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Values Assessment

6. Learning new ideas or facts in history, or science, or another field.

- ○ Not important to me
- ◉ Somewhat important to me
- ○ Very important to me

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Values Assessment

7. Being in control or influencing other peoples opinions and activities.

- ○ Not important to me
- ◉ Somewhat important to me
- ○ Very important to me

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Values Assessment

8. Being around other people every day.

- ○ Not important to me
- ◉ Somewhat important to me
- ○ Very important to me

Submit

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Values Assessment

9. Working alone, and not with other people.

- Not important to me
- Somewhat important to me
- Very important to me

Submit

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Values Assessment

10. Participating in spiritual activities -- like going to church, or temple or praying.

- (•) Not important to me
- ( ) Somewhat important to me
- ( ) Very important to me

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Values Assessment

11. Having people tell me (or tell other people) that I did a good job.

- ○ Not important to me
- ◉ Somewhat important to me
- ○ Very important to me

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Values Assessment

12. Doing activities that require strength, speed, or the ability to move quickly.

- ○ Not important to me
- ◉ Somewhat important to me
- ○ Very important to me

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Values Assessment

13. Doing work that is really interesting and not boring.

- ○ Not important to me
- ○ Somewhat important to me
- ◉ Very important to me

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Values Assessment

14. Knowing that other people think I am really smart or an expert.

- Not important to me
- Somewhat important to me
- Very important to me

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Values Assessment

15. Doing work that is different everyday- not the same thing all the time.

- Not important to me
- Somewhat important to me
- Very important to me

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Values Assessment

16. Having structure with my daily activities.

- ○ Not important to me
- ◉ Somewhat important to me
- ○ Very important to me

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Values Assessment

17. Earning lots of money.

- ○ Not important to me
- ◉ Somewhat important to me
- ○ Very important to me

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Values Assessment

18. Having fun in my life, no matter what I do.

- ○ Not important to me
- ○ Somewhat important to me
- ◉ Very important to me

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Values Assessment

19. Working collaboratively on projects with other people.

- ○ Not important to me
- ○ Somewhat important to me
- ◉ Very important to me

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Values Assessment

20. Doing activities that have some risk, like skiing, racing or mountain biking.

- Not important to me
- Somewhat important to me
- Very important to me

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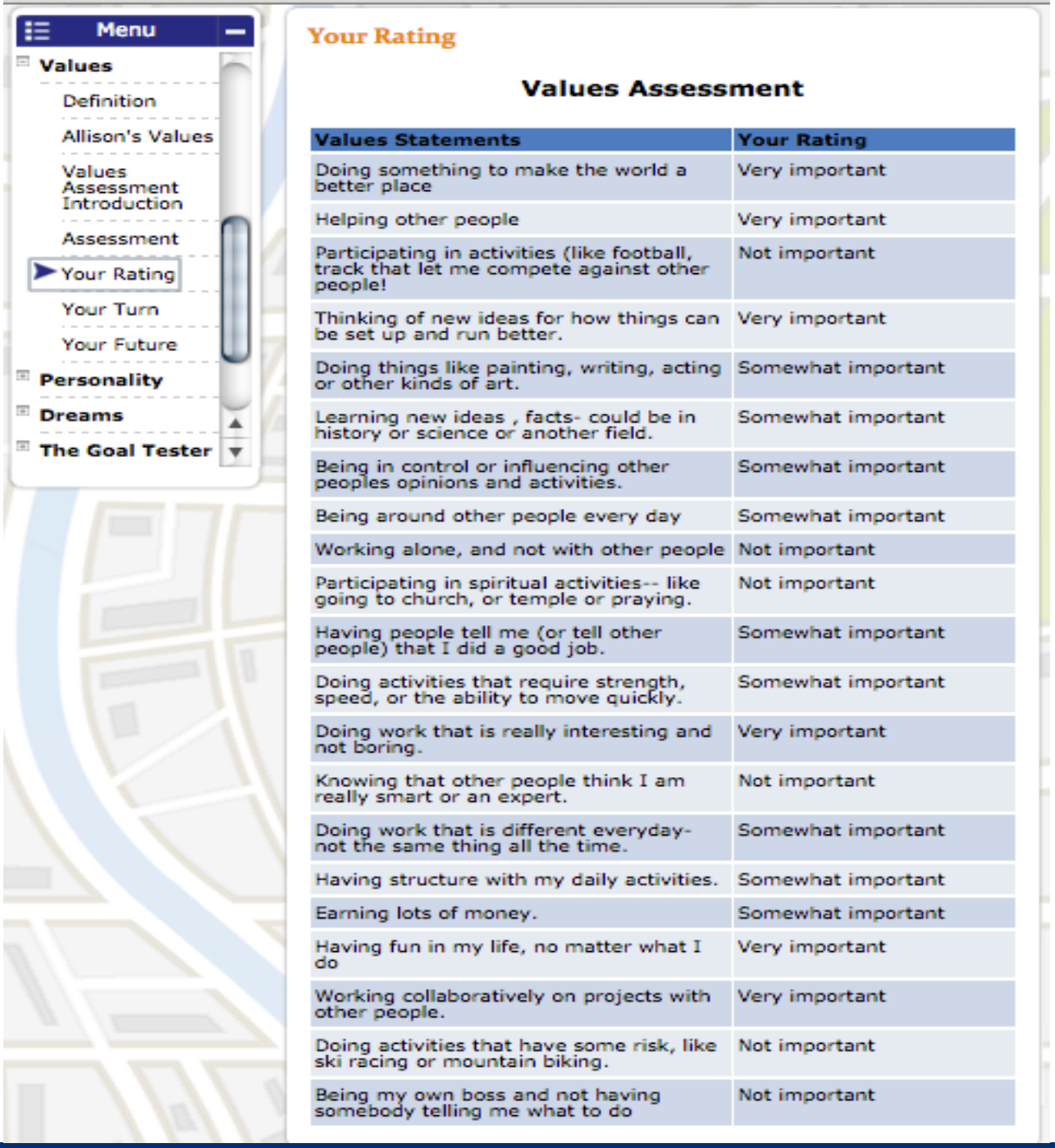
Values Assessment

21. Being my own boss and not having somebody telling me what to do.

- Not important to me
- Somewhat important to me
- Very important to me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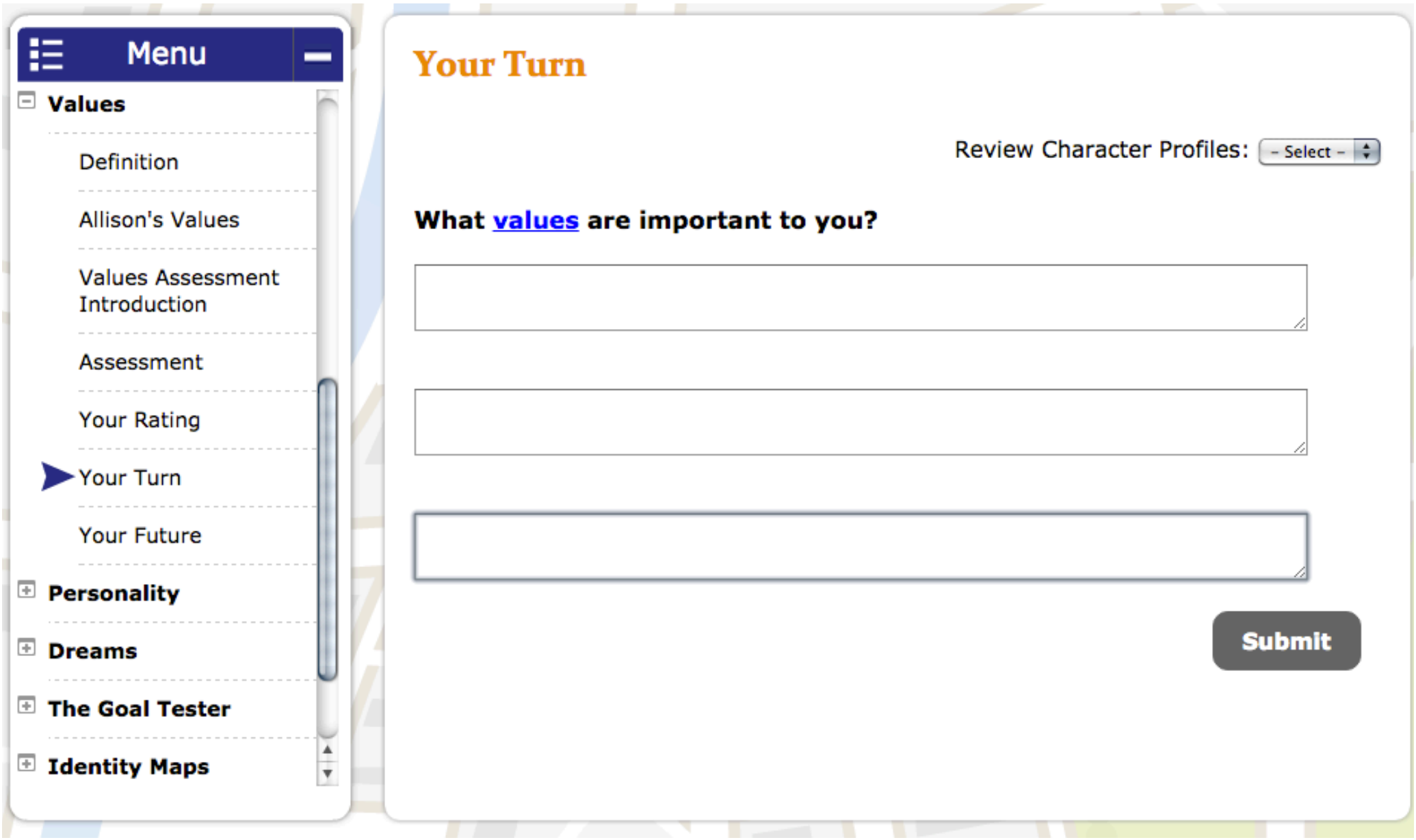
Your Rating
Doing something to make the world a better place
Very important
Helping other people
Very important
Participating in activities (like football, track that let me compete against other people!
Not important
Thinking of new ideas for how things can be set up and run better.
Very important
Doing things like painting, writing, acting or other kinds of art.
Somewhat important
Learning new ideas , facts- could be in history or science or another field.
Somewhat important
Being in control or influencing other peoples opinions and activities.
Somewhat important
Being around other people every day
Somewhat important
Working alone, and not with other people
Not important
Participating in spiritual activities-- like going to church, or temple or praying.
Not important
Having people tell me (or tell other people) that I did a good job.
Somewhat important
Doing activities that require strength, speed, or the ability to move quickly.
Somewhat important
Doing work that is really interesting and not boring.
Very important
Knowing that other people think I am really smart or an expert.
Not important
Doing work that is different everyday- not the same thing all the time.
Somewhat important
Having structure with my daily activities.
Somewhat important
Earning lots of money.
Somewhat important
Having fun in my life, no matter what I do
Very important
Working collaboratively on projects with other people.
Very important
Doing activities that have some risk, like ski racing or mountain biking.
Not important
Being my own boss and not having somebody telling me what to do
Not important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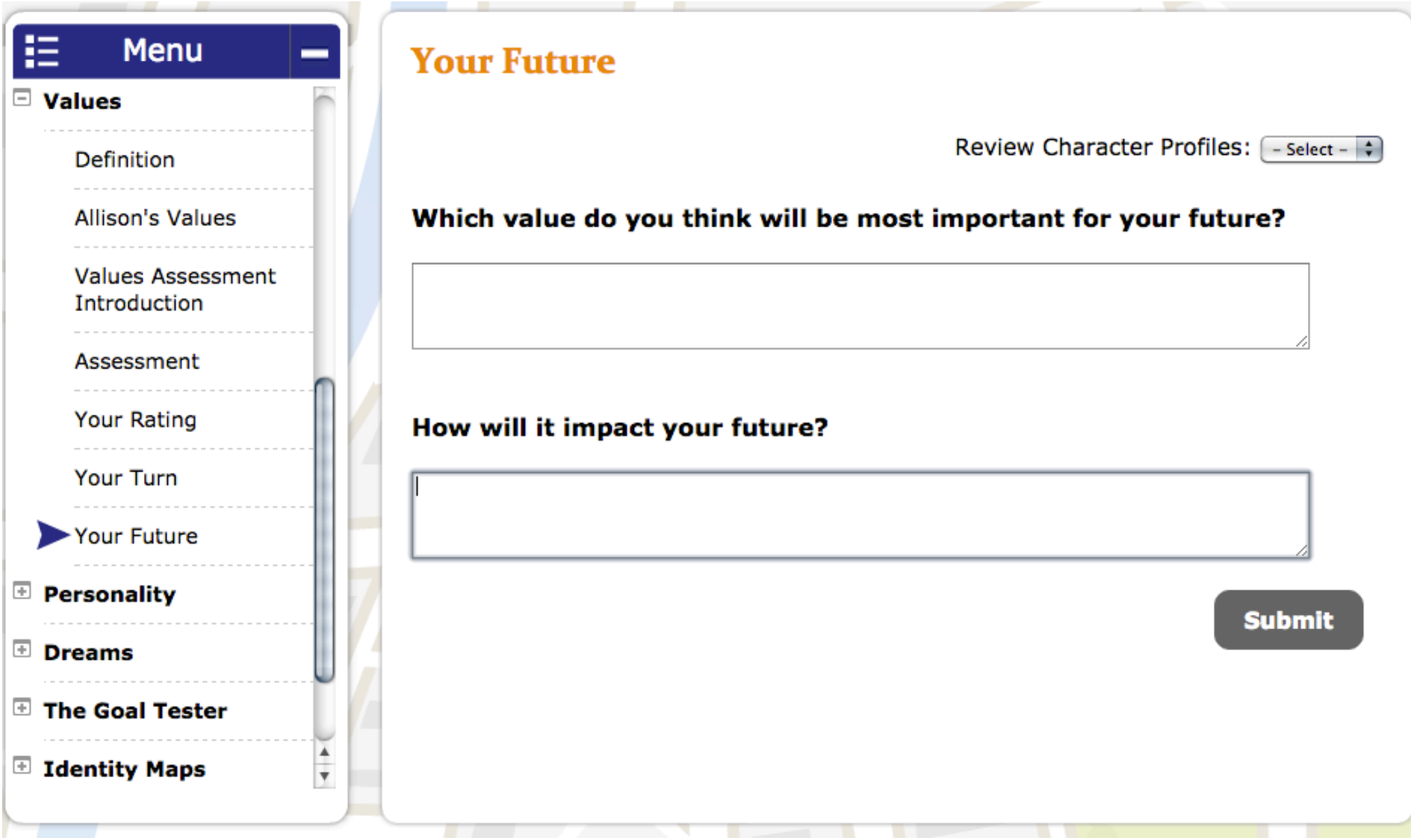
Review Character Profiles:
- Select -
What values are important to you?
Submit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Review Character Profiles:
- Select -
Which value do you think will be most important for your future?
How will it impact your future?
Submit

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Personality

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Assessment

Your Rating

Different Personalities

Brooke's Personality

More About Brooke's Personality

Personality Code

Your Turn

Definition

Our personalities guide how we think and act. Your personality is an important piece to think about when making decisions about your future.

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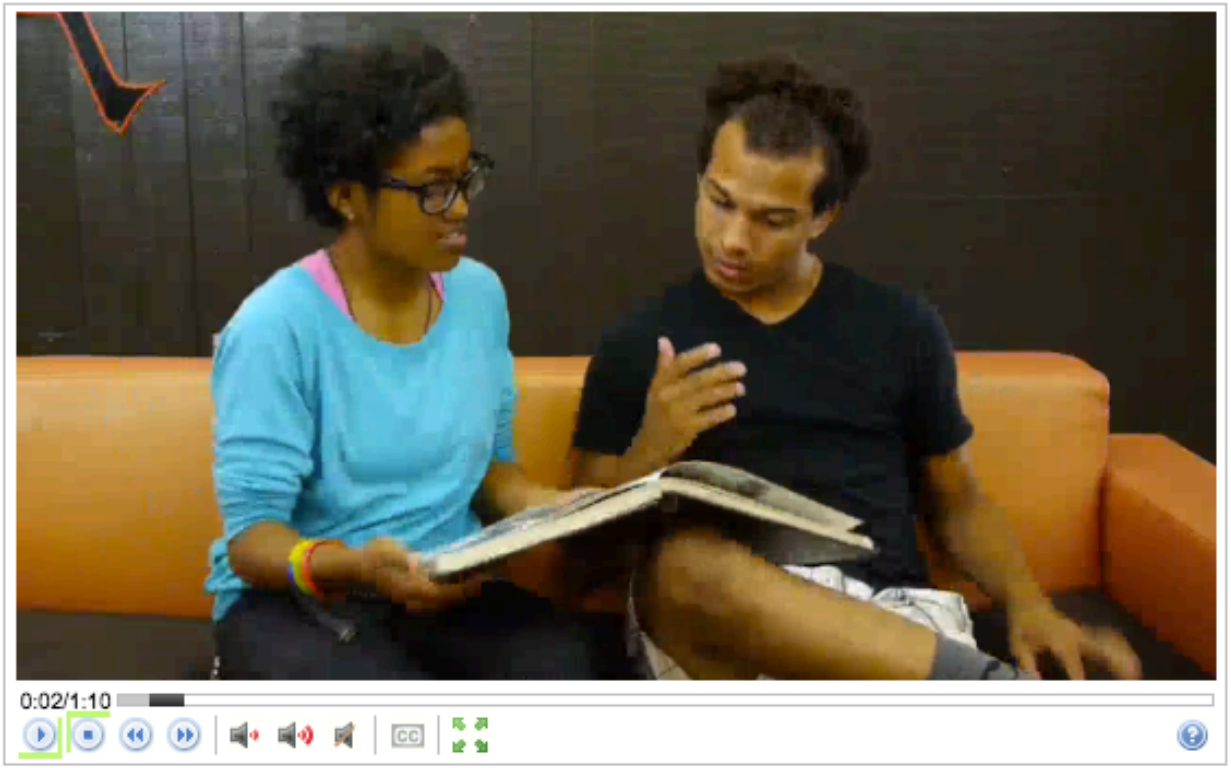
- **Dreams**

Personality Assessment Introduction



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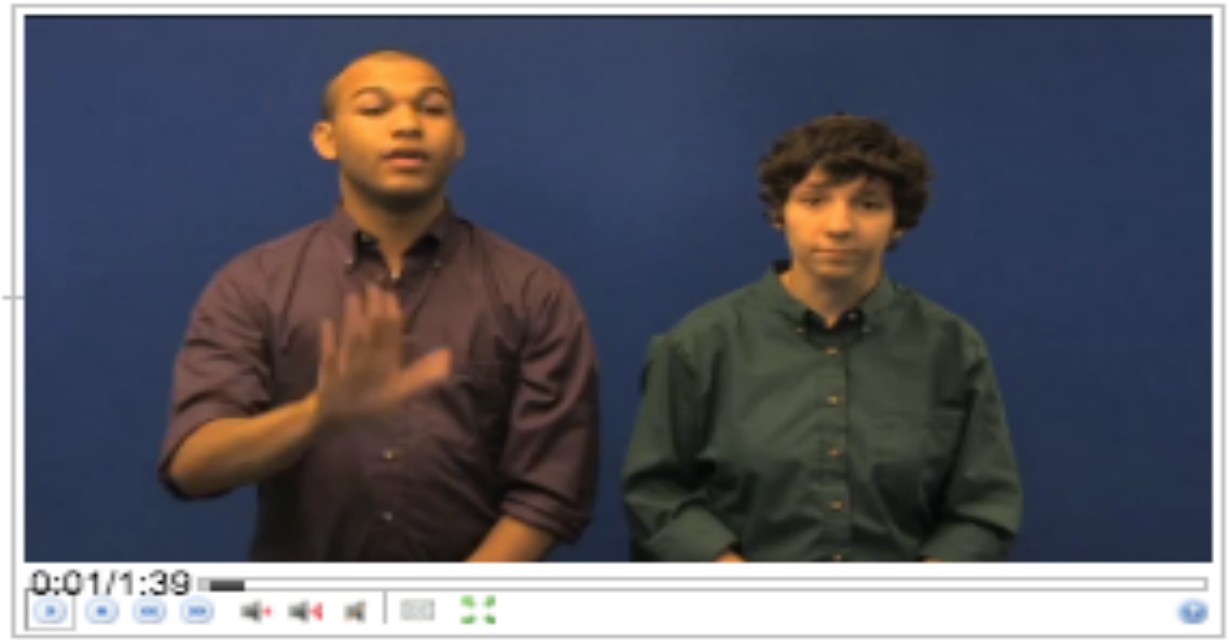
Personality Assessment

Review Character Profiles: – Select –



1. Which fits you best?

- Extrovert: I have a lot of energy
- Introvert: I am laid back

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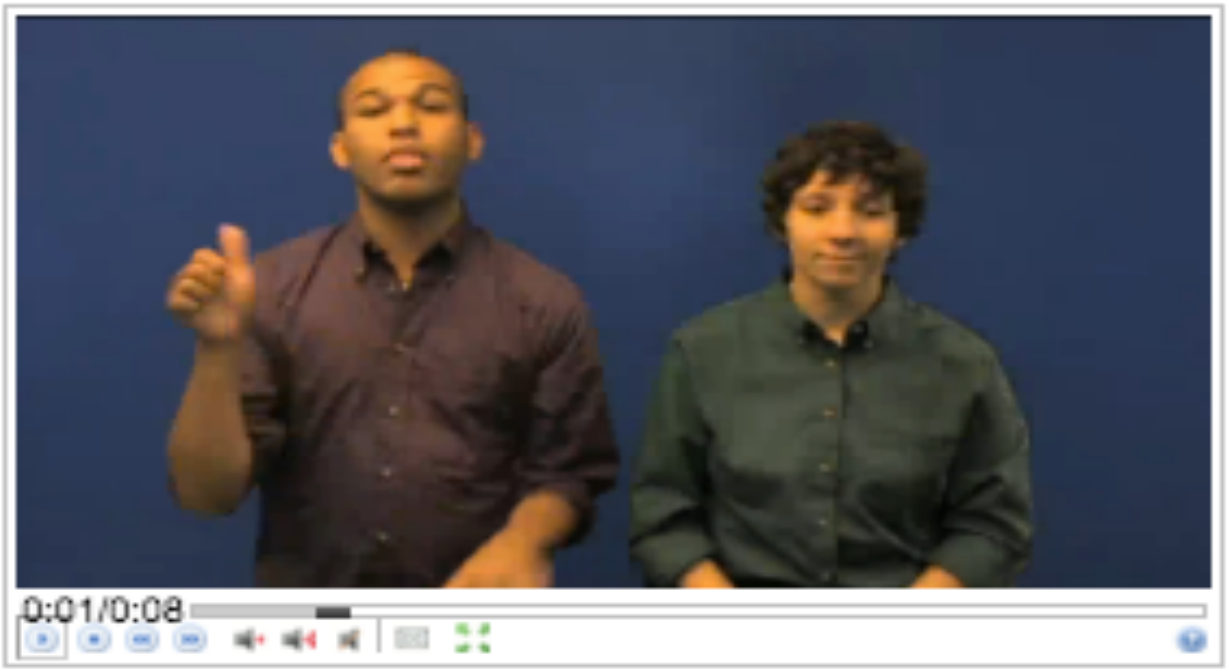
Personality Assessment



2. Which fits you best?

- Extrovert: I prefer to be around people
- Introvert: I prefer to be alone

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Personality Assessment

3. Which fits you best?

- Extrovert: I do things without stopping to think
- Introvert: I like to think before doing something

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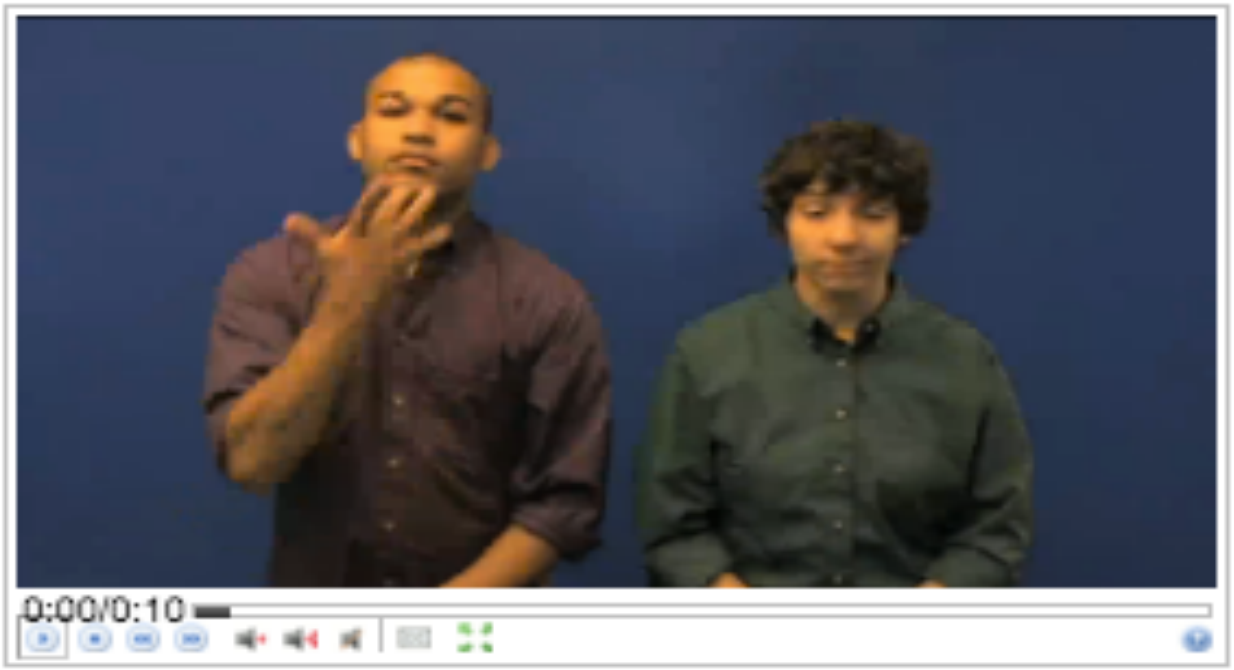
Personality Assessment



4. Which fits you best?

- Extrovert: I like to do many things at the same time
- Introvert: I need to focus on one thing at a time

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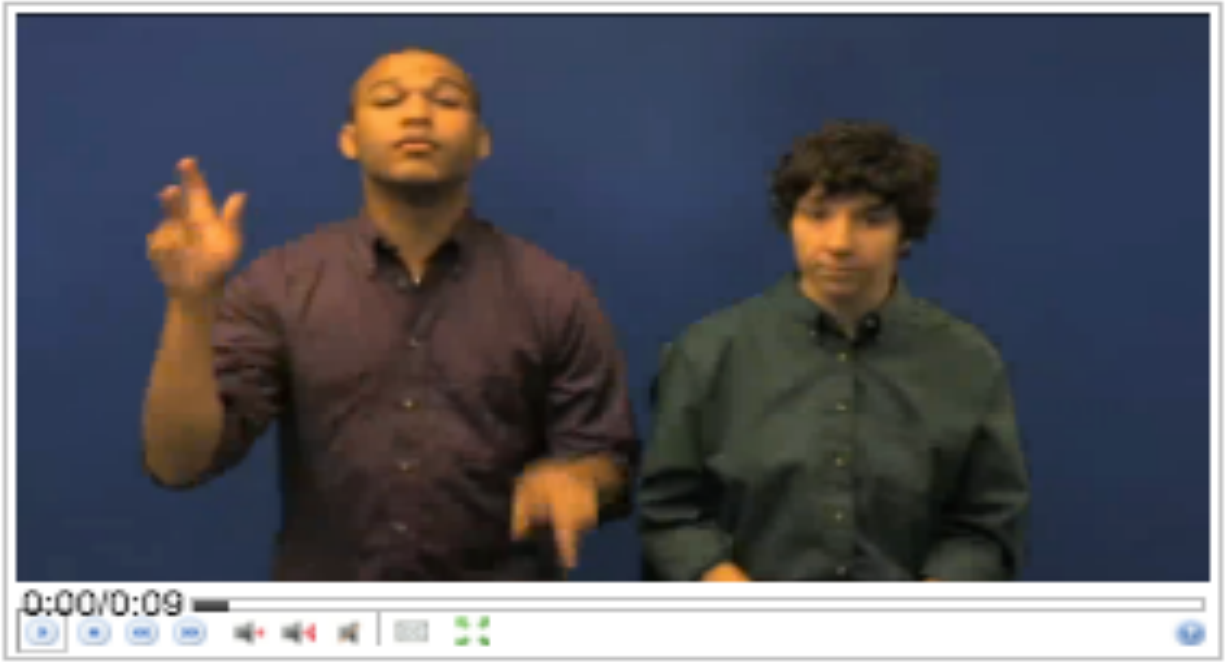
Personality Assessment



5. Which fits you best?

- Extrovert: I like when people pay attention to me
- Introvert: I like to pay attention to other people

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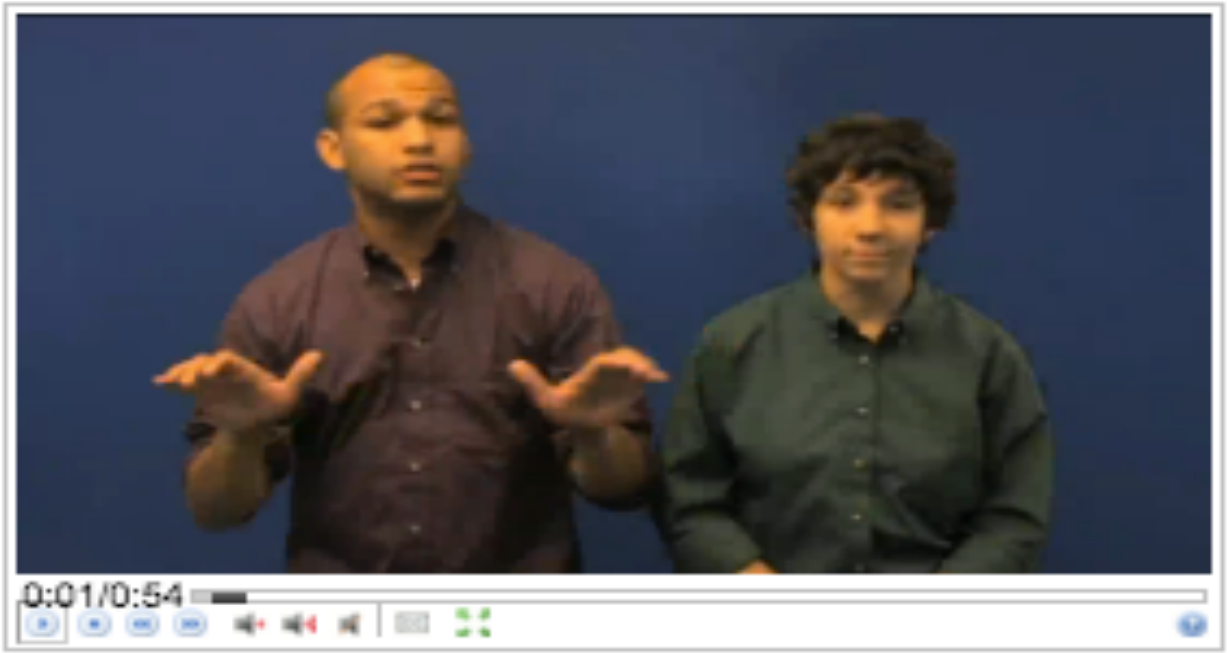
Personality Assessment



6. Which fits you best?

- Sensors: I like clear and specific information
- iNtuitives: I like to be creative and come up with new ideas

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Personality Assessment

7. Which fits you best?

- ○ Sensors: I like clear instructions/directions
- ◉ iNtuitives: I like to figure things out on my own

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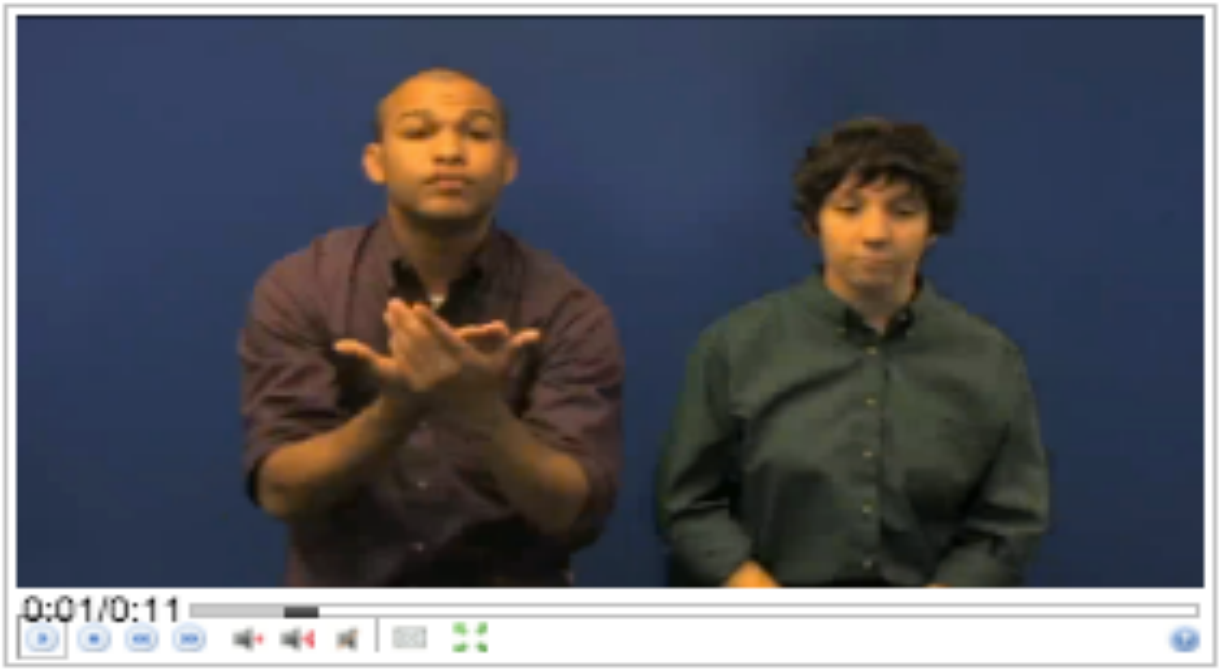
Personality Assessment



8. Which fits you best?

- Sensors: I like facts, timelines, and details
- iNtuitives: I like to think outside the box/be creative

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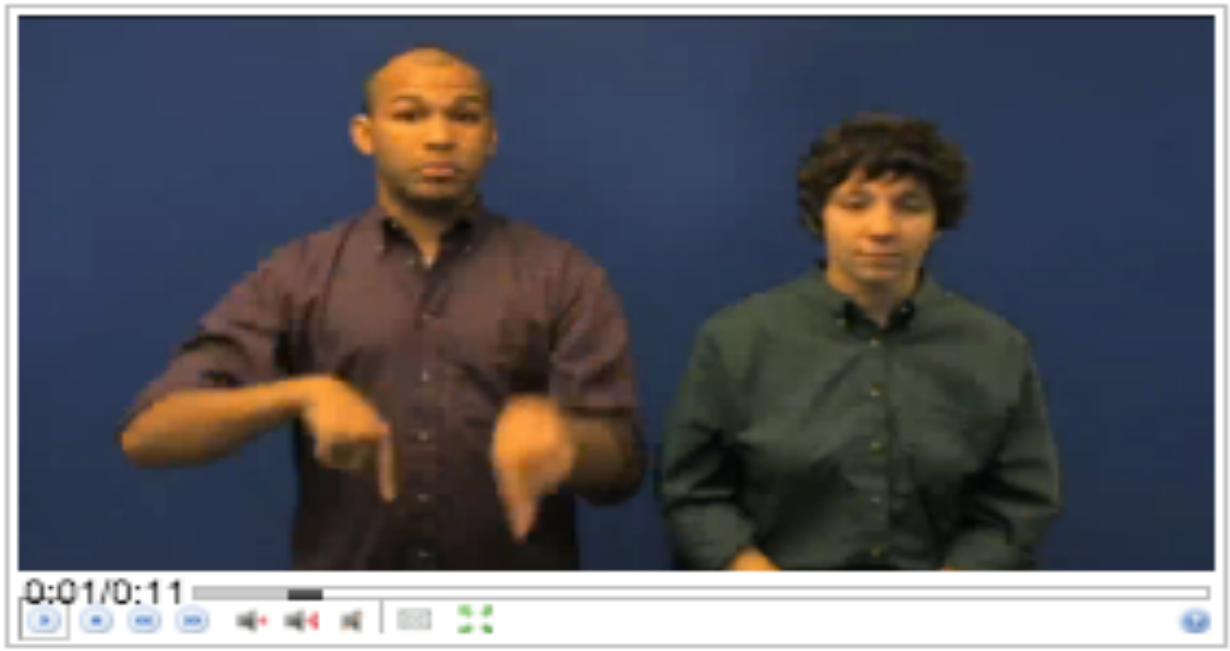
Personality Assessment



9. Which fits you best?

- Sensors: I always use past experience to make decisions
- iNtuitives: I follow my instincts to make decisions

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Personality Assessment

10. Which fits you best?

- Sensors: I like to use data
- iNtuitives: I like more abstract ideas

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Personality Assessment

11. Which fits you best?

- ○ Thinkers: I use facts to make decisions
- ◉ Feelers: I use feelings to make decisions

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12. Which fits you best?

- ○ Thinkers: I think about different parts of the problem
- ◉ Feelers: I think about how other people feel

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13. Which fits you best?

- (•) Thinkers: I use direct and honest language
- ( ) Feelers: I use vague and not direct language

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Personality Assessment

14. Which fits you best?

- Thinkers: I make decisions using my head
- Feelers: I follow my heart to make decisions

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15. Which fits you best?

- ○ Thinkers: I like to debate and argue with others
- ◉ Feelers: I don't like to debate or argue with people

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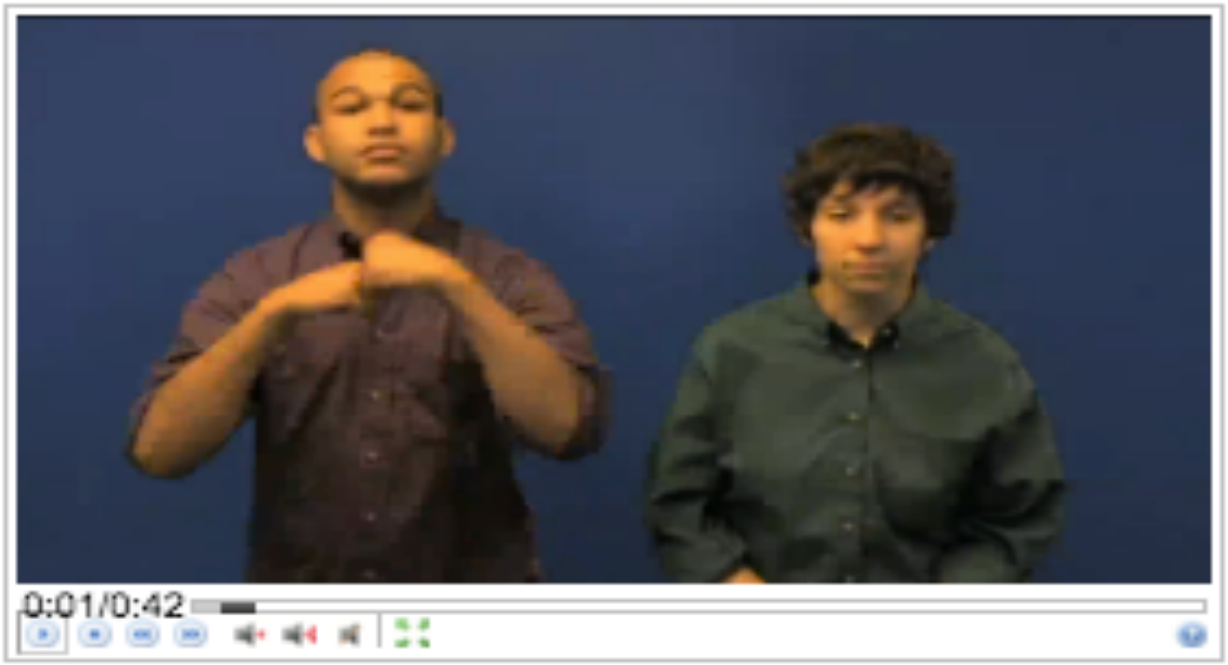
Personality Assessment



16. Which fits you best?

- Judgers: I like to make a "to do" list
- Perceivers: I like to go with the flow

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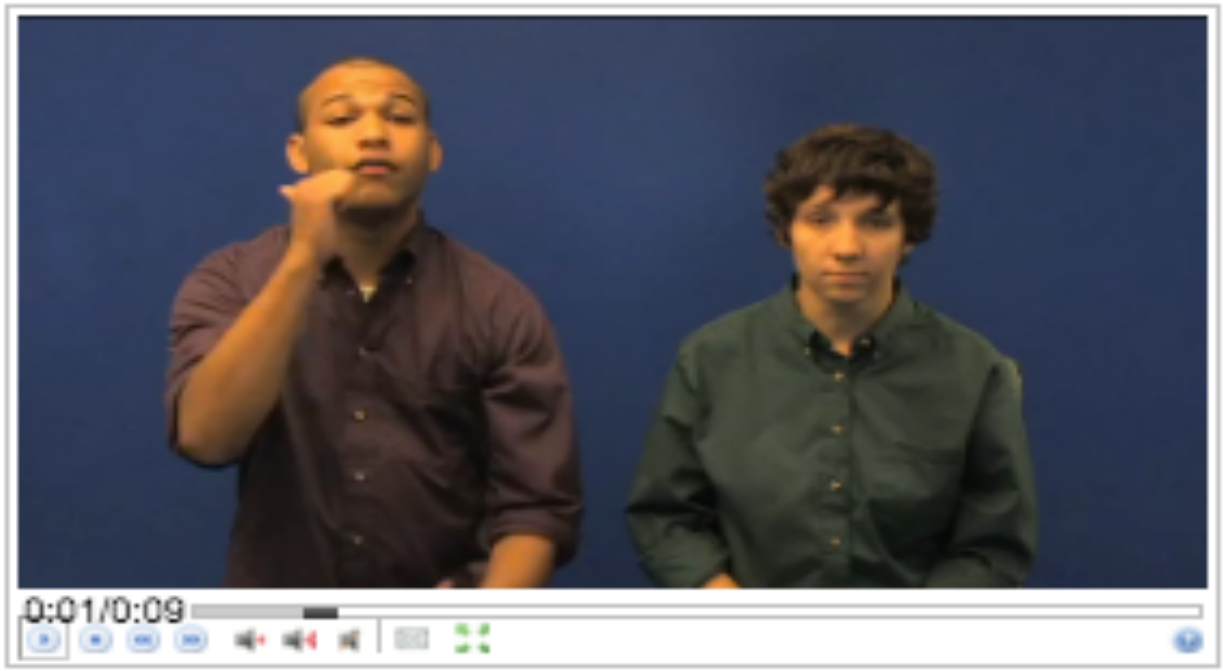

17. Which fits you best?

- (•) Judgers: I like to have a schedule/plan for the day
- ( ) Perceivers: I do not like to have a schedule/plan

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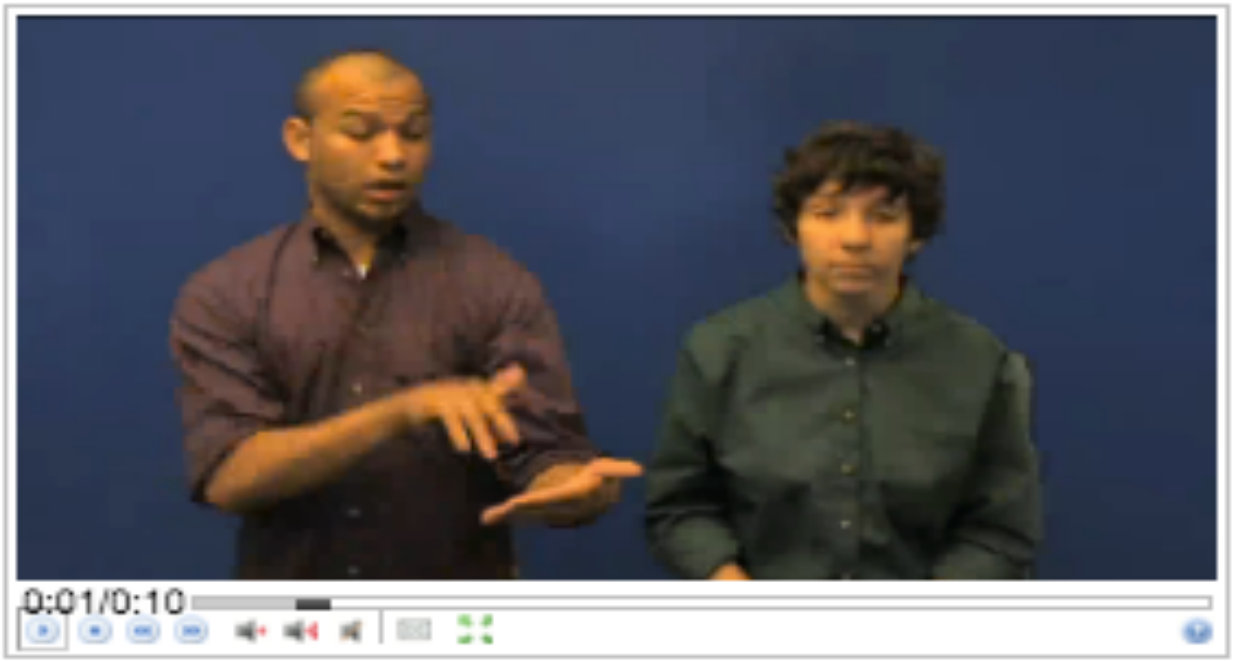

18. Which fits you best?

- Judgers: I always study first, then play
- Perceivers: I usually play first, then study

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19. Which fits you best?

- Judgers: I start and finish all projects
- Perceivers: I start projects, but don't always finish

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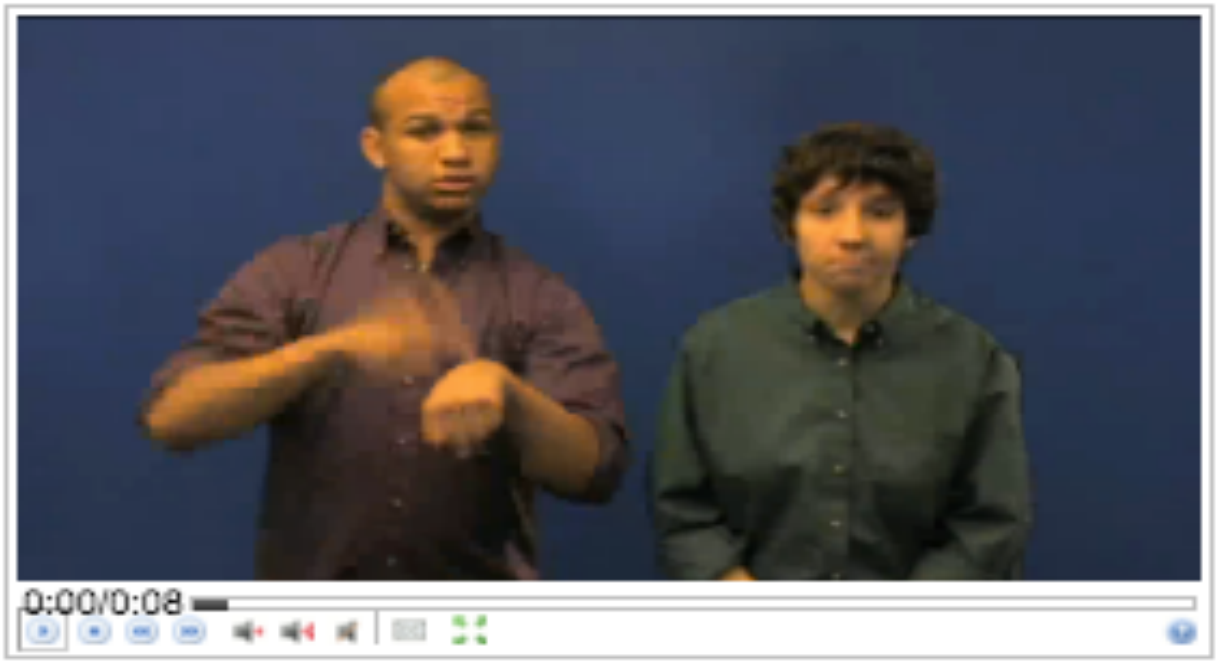
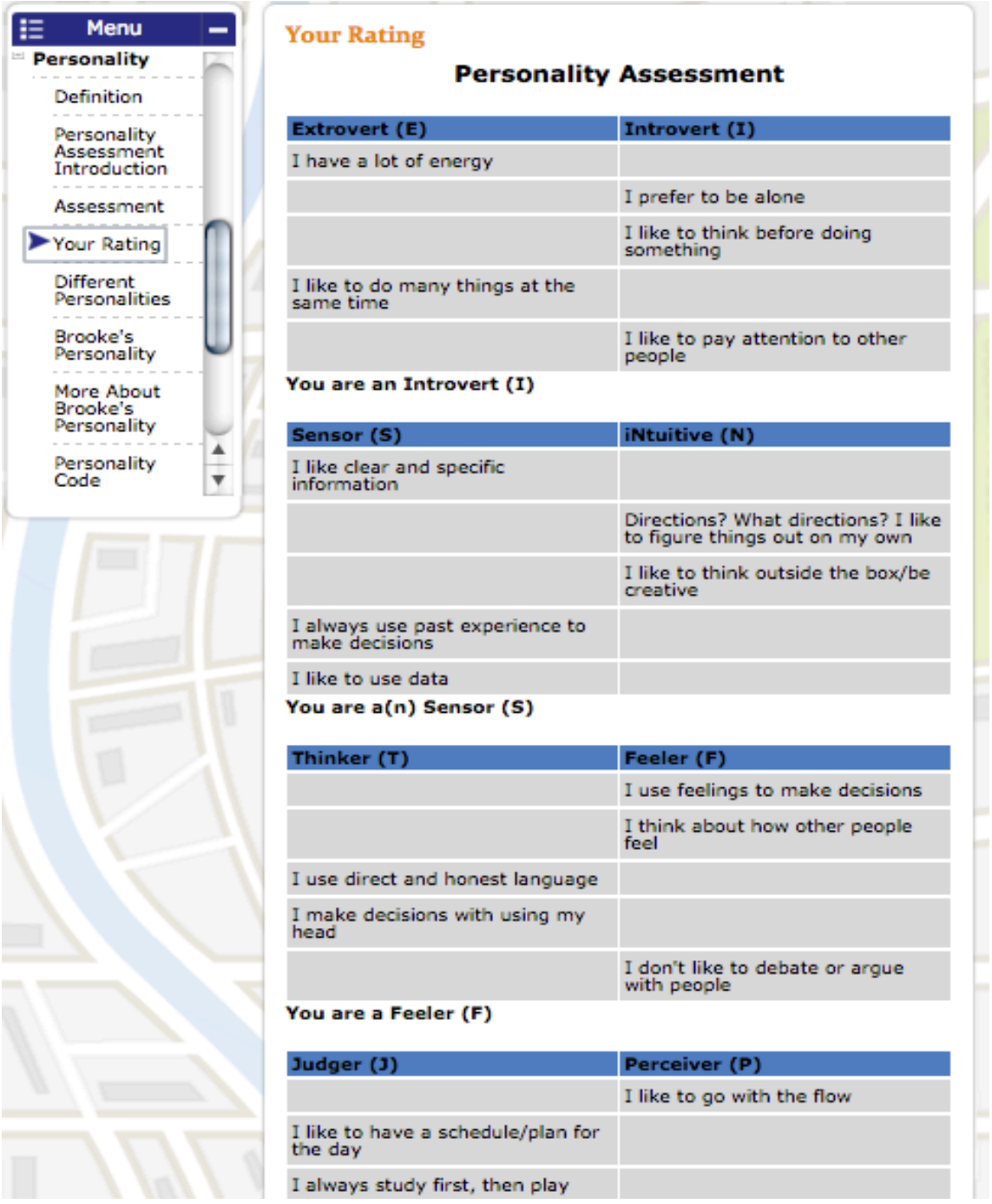


20. Which fits you best?

- (•) Judgers: I think it is important to be on time
- ( ) Perceivers: I think being late is fine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Extrovert (E)
Introvert (I)
I have a lot of energy
I prefer to be alone
I like to think before doing something
I like to do many things at the same time
I like to pay attention to other people
You are an Introvert (I)
Sensor (S)
iNtuitive (N)
I like clear and specific information
Directions? What directions? I like to figure things out on my own
I like to think outside the box/be creative
I always use past experience to make decisions
I like to use data
You are a(n) Sensor (S)
Thinker (T)
Feeler (F)
I use feelings to make decisions
I think about how other people feel
I use direct and honest language
I make decisions with using my head
I don't like to debate or argue with people
You are a Feeler (F)
Judger (J)
Perceiver (P)
I like to go with the flow
I like to have a schedule/plan for the day
I always study first, then play

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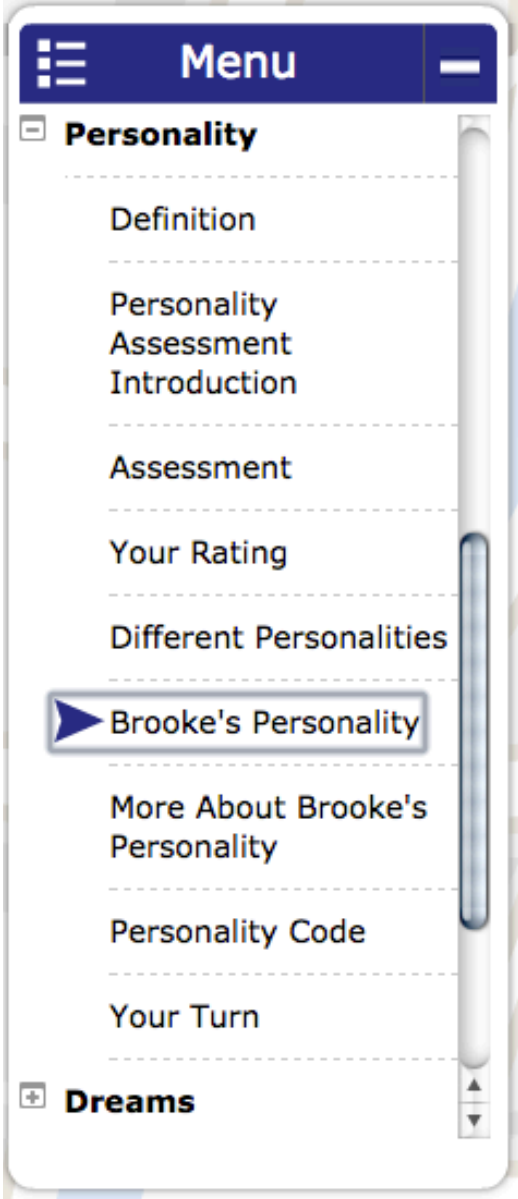
Different Personalities

We all have different personalities!

I am a people person. I like to have people around me, and most of the time my friends follow my ideas.

Some people think I am shy, but really I'm just quiet. I like listening to different ideas before I make a decision.



Brooke's Personality

Brooke's Personality

What is your personality code?

ENFP

What did you learn about your personality?

1: I'm friendly and good with people.

2: I'm a natural leader.

3: I don't like being controlled by others.

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Brooke's Personality

Which personality trait do you think will be most important to your future?

Leadership

How will it impact your future?

This will allow me to find a good job, manage a team, and be able to take charge.

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Personality Code

What is your personality code?

ISFJ

Click on your code to learn more.

ISTJ	ISFJ	INFJ	INTJ
ISTP	ISFP	INFP	INTP
ESTP	ESFP	ENFP	ENTP
ESTJ	ESFJ	ENFJ	ENTJ

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Your Turn

Review Character Profiles: – Select –

What did you learn about your personality?

Which personality trait do you think will be most important to your future?

How will it impact your future?

Submit

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Developing Dreams

Learning who you are and understanding what makes you unique lead to effective dreams for the future.

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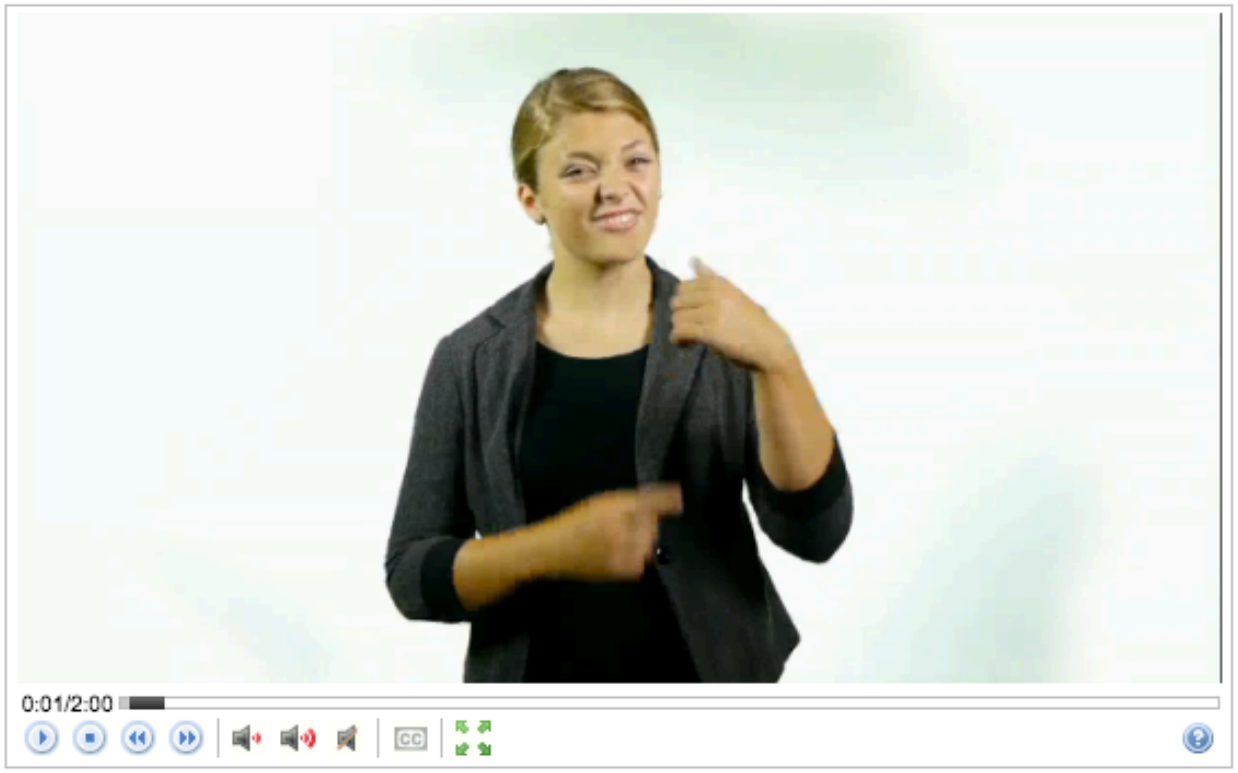
Dreams for the Future



***After completing video please click on Next.**

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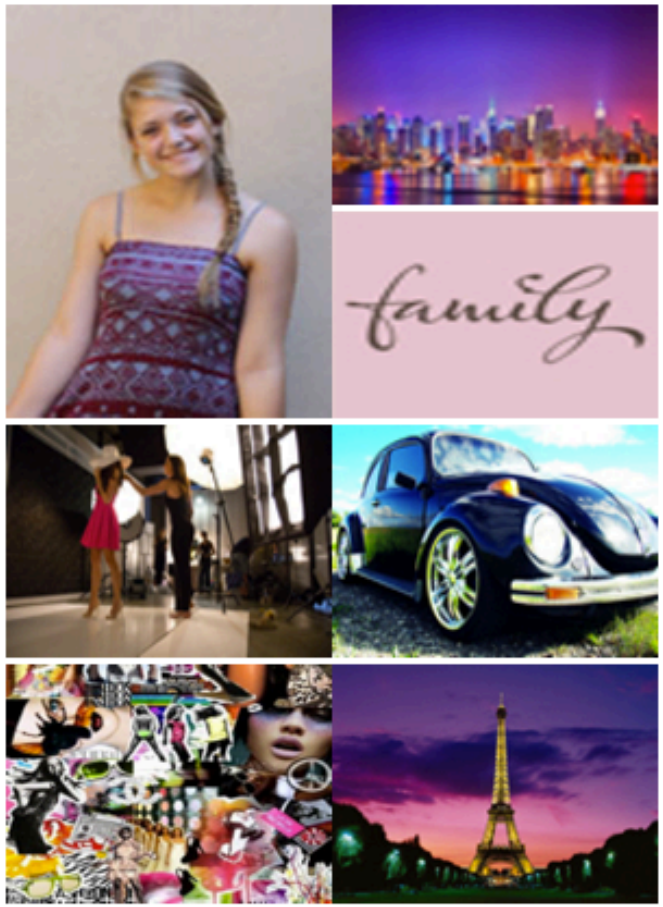
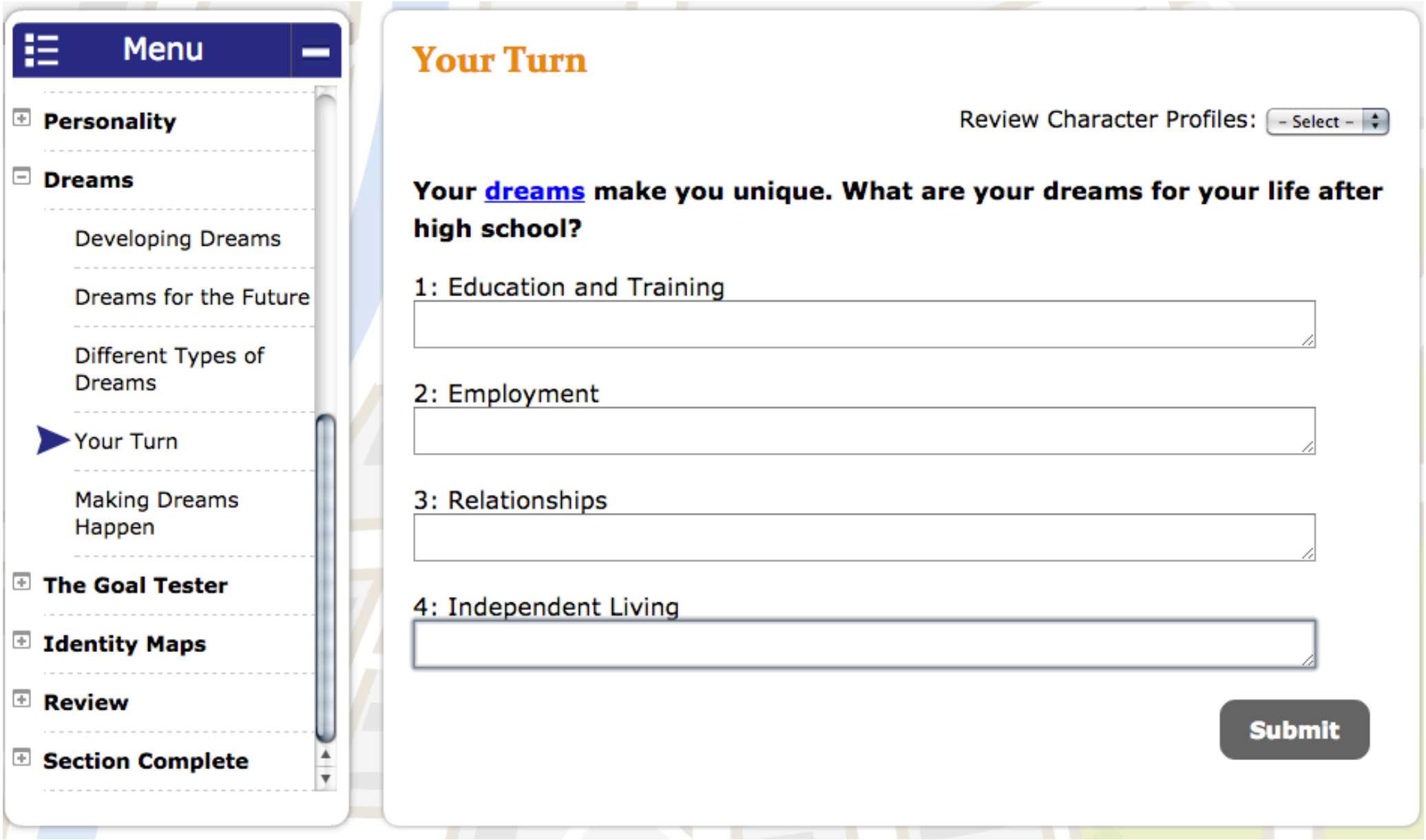
Different Types of Dreams



We have different kinds of dreams.

- Education and training
- Employment
- Life
  - Relationships
  - Living independently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Your Turn
Review Character Profiles:
- Select -
Your dreams make you unique. What are your dreams for your life after high school?
1: Education and Training
2: Employment
3: Relationships
4: Independent Living
Submit

Making Dreams Happen

Making Dreams Come True

Dreams don't just happen. For a dream to become possible, it has to be a good fit with everything you know about yourself.

Does it fit your strengths and weaknesses? Are you willing to do the work?

Let's find out if your dream has what it takes to become a goal.

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Test It Out

Plug your dream into the GOAL TESTER and find out if it passes the test!

Step 1: Identify a dream you want to test:

I want to be a teacher

Step 2: Evaluating the fit

This dream:

- [x] Fits with my traits
- [x] Fits with my values
- [x] Fits with my strengths and skills
- [x] Fits my personality

Step 3: How much work will this dream require to become a goal?

- [ ] A little bit
- [ ] Some
- [x] A lot
- [ ] Too much

Step 4: Do you want this dream to become a goal?

- [x] Yes
- [ ] No

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Testing Goals

GOAL TESTER

Step 1: Identify a dream you want to test:

I want to own a huge house

Step 2: Evaluating the fit

This dream:

- [x] Fits with my traits
- [x] Fits with my values
- [ ] Fits with my strengths and skills
- [x] Fits my personality

Step 3: How much work will this dream require to become a goal?

- [ ] A little bit
- [ ] Some
- [ ] A lot
- [x] Too much

Step 4: Do you want this dream to become a goal?

- [ ] Yes
- [x] No

Step 1: Identify a dream you want to test:

I want a Corvette ™.

Step 2: Evaluating the fit

This dream:

- [x] Fits with my traits
- [x] Fits with my values
- [x] Fits with my strengths and skills
- [x] Fits my personality

Step 3: How much work will this dream require to become a goal?

- [ ] A little bit
- [x] Some
- [ ] A lot
- [ ] Too much

Step 4: Do you want this dream to become a goal?

- [x] Yes
- [ ] No

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Testing Marissa's Goal

Step 1: Identify a dream you want to test:

I want to own a huge house

Step 2: Evaluating the fit

This dream:

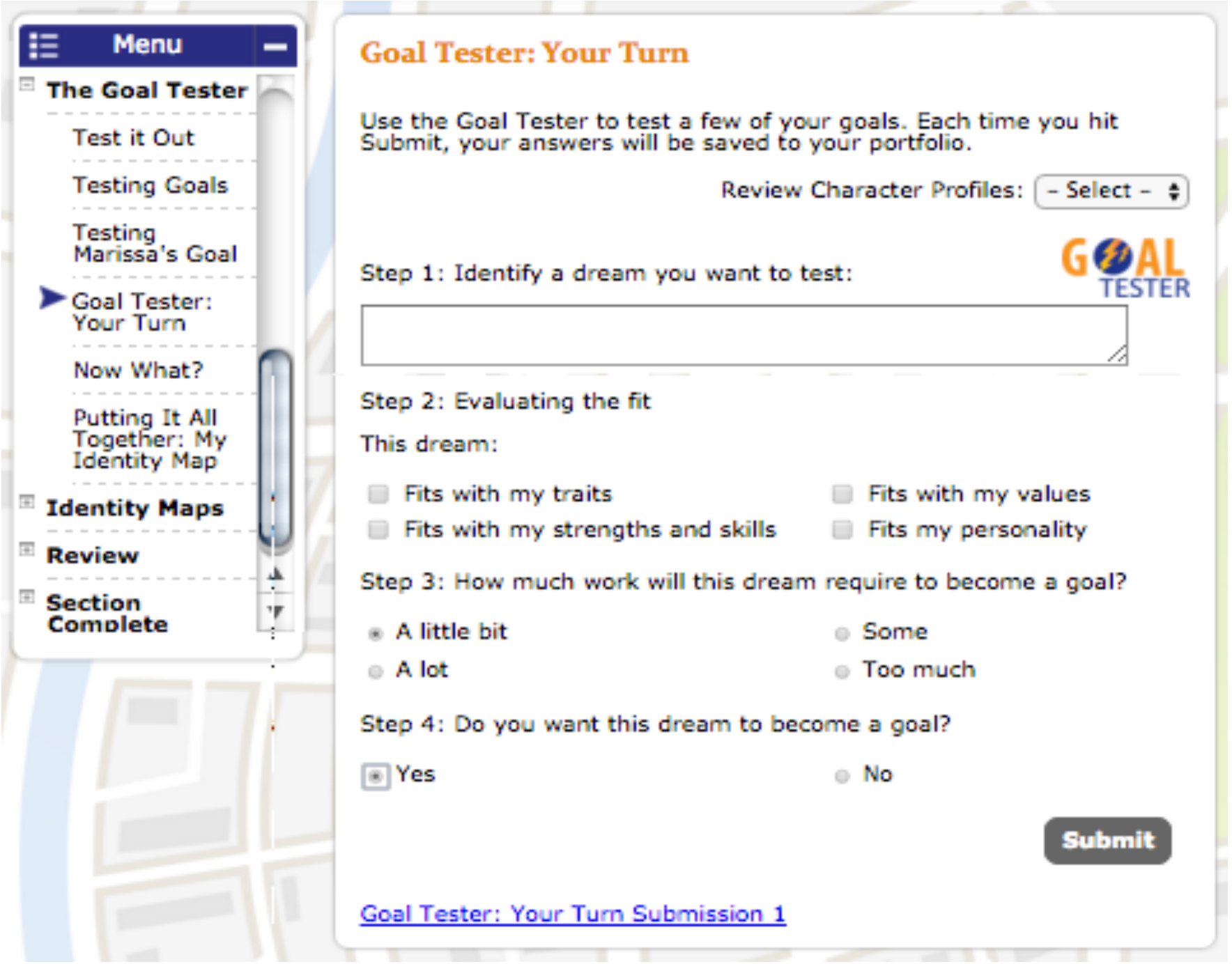
- [x] Fits with my traits
- [x] Fits with my values
- [ ] Fits with my strengths and skills
- [x] Fits my personality

Step 3: How much work will this dream require to become a goal?

- [ ] A little bit
- [ ] Some
- [ ] A lot
- [x] Too much

Step 4: Do you want this dream to become a goal?

- [ ] Yes
- [x] No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Goal Tester: Your Turn
Use the Goal Tester to test a few of your goals. Each time you hit Submit, your answers will be saved to your portfolio.
Review Character Profiles:
- Select -
GOAL TESTER
Step 1: Identify a dream you want to test:
Step 2: Evaluating the fit
This dream:
Fits with my traits
Fits with my values
Fits with my strengths and skills
Fits my personality
Step 3: How much work will this dream require to become a goal?
A little bit
Some
A lot
Too much
Step 4: Do you want this dream to become a goal?
Yes
No
Submit
Goal Tester: Your Turn Submission 1

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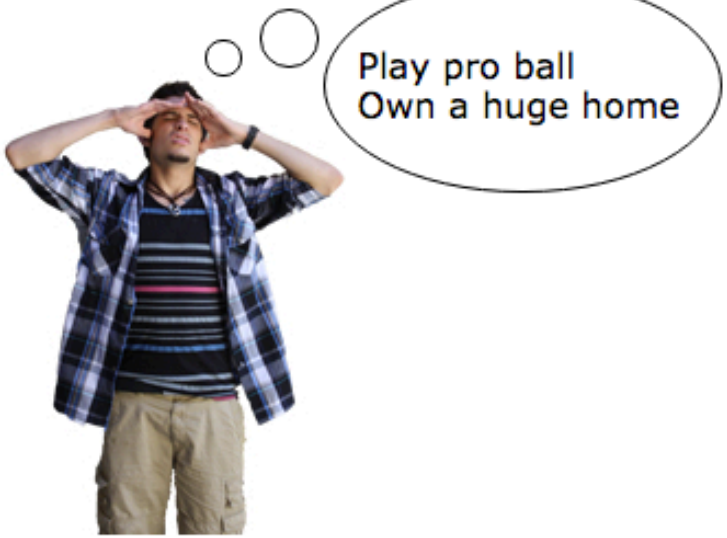
Now What?

Now that you have identified some ideas for goals, the real work begins. Section 2, **What Do I Want?**, focuses on what you need to do next to make your dreams happen.

MAYBE!

CHANGE IT!



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Put It All Together: My Identity Map

If you want to review and/or print your answers from a specific question, please click on one of the links below.

*Note: Each link opens in a new browser window, the training will remain open in this browser window.

Read More About

- Hard & Soft Skills
- Values
- Personality
- Goal Tester

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- Team
- Checking In
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Read Our Maps

Check out our Identity Maps!

Click on each character to review their full portfolio profile.

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Who Am I? Review

You identified your:

- ✔ Traits
- ✔ Strengths
- ✔ Weaknesses
- ✔ Hard Skills
- ✔ Soft Skills
- ✔ Being deaf/hard of hearing
- ✔ Team
- ✔ Values
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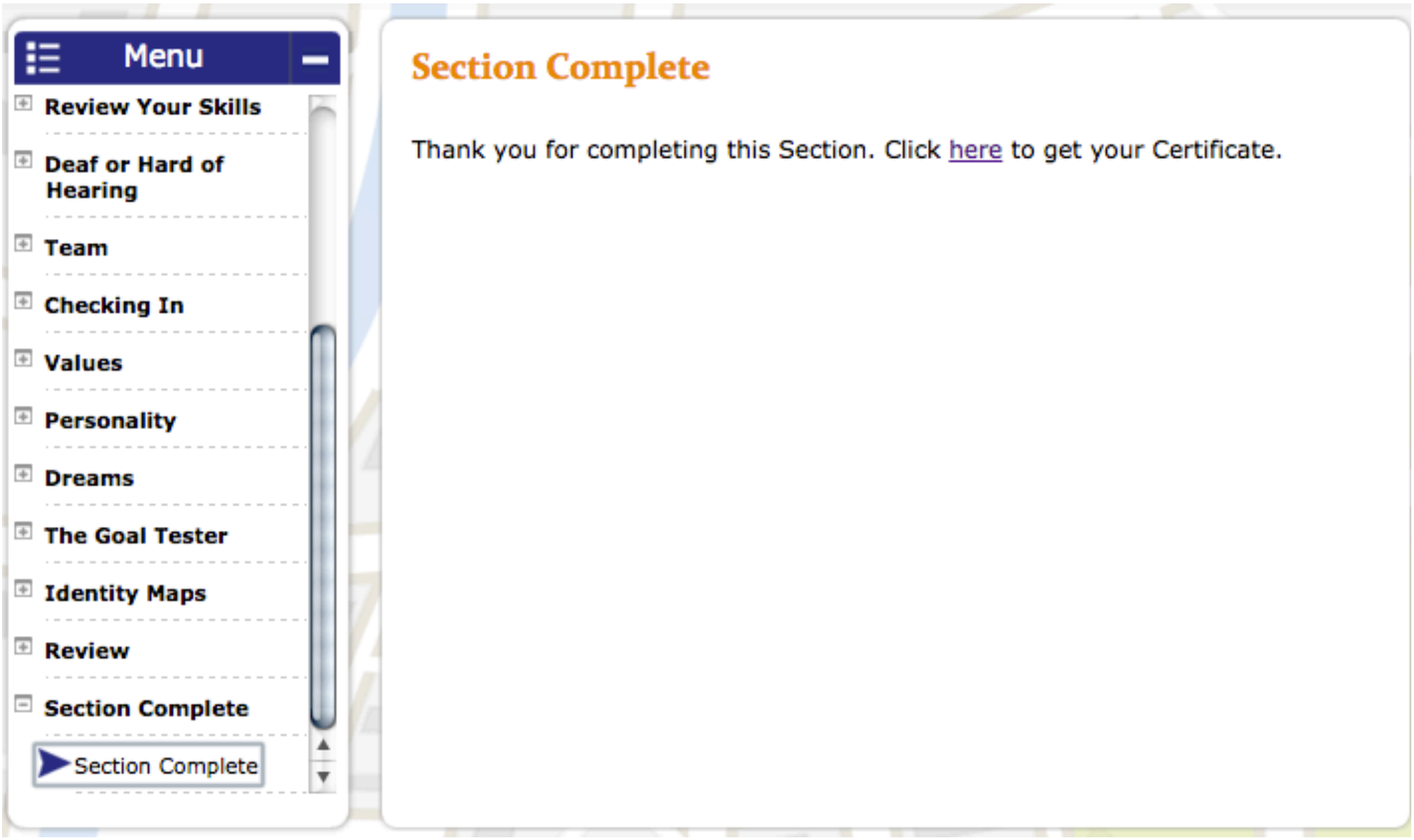
- ✔ Dreams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Thank you for completing this Section. Click here to get your Certificate.